



NEW LIFE WOMEN'S  
*christmas  
breakfast*



## Maple Nut & Pear Scones w/Maple Pear Butter from Patti Hopkins

For the maple pear butter:

1 large very ripe Bartlett pear, peeled, cored and mashed  
½ cup soft butter (no substitutions)  
1 ½ tablespoons pure maple syrup

For the scones:

3 cups flour  
1/3 cup sugar  
2 teaspoons baking powder  
1 teaspoon cinnamon  
¼ teaspoon baking soda  
½ teaspoon salt  
½ cup butter, cut into pieces  
½ cup buttermilk  
1 teaspoon pure maple extract  
1 cup peeled and diced Bartlett pears (about 1 ½ medium pears)  
¼ cup chopped pecans  
¼ tablespoon sugar (for topping)

To make maple pear butter: In a small saucepan, simmer mashed pear over medium heat for about 15 minutes or until liquid has evaporated. (Pear will begin to stick to pan at this point.) Let cool slightly and stir in butter and maple syrup. Let stand at room temperature to thicken. (Butter can be prepared ahead, if desired, and stored in the refrigerator.)

To prepare scones: Preheat oven to 400 F.

Combine flour, sugar, baking powder, cinnamon, baking soda and salt in a medium bowl. Cut in butter with a pastry blender until butter is the size of peas (do not overblend). Stir in buttermilk, maple extract, pears and pecans. Turn mixture onto a lightly floured board and knead several times until dough is smooth. Press into a 10-inch circle and cut into 10 wedges with a sharp knife. Place wedges 1-inch apart on a baking sheet lined with parchment paper. Sprinkle lightly with ¼ tablespoon sugar. Bake for 20 minutes or until golden brown on top. Serve warm with Maple Pear Butter.

Makes 10 scones.