



MEMORY VERSE
for the week

*LET YOUR LIGHT SHINE SO OTHERS
CAN SEE IT. THEN THEY WILL SEE
THE GOOD THINGS YOU DO. AND
THEY WILL BRING GLORY TO YOUR
FATHER WHO IS IN HEAVEN.*

MATTHEW 5:16

HOW IS THIS GOING TO WORK?

Each day, you'll start by visiting the Main Event website:

WWW.NEWLIFEPISMO.COM / MAIN-EVENT

First things first, watch the daily video and follow along with the bright idea and Bible story in this notebook. After you've watched the video, spend some time worshipping through the songs on the website. We'd love to see videos of your whole family getting silly and having fun!

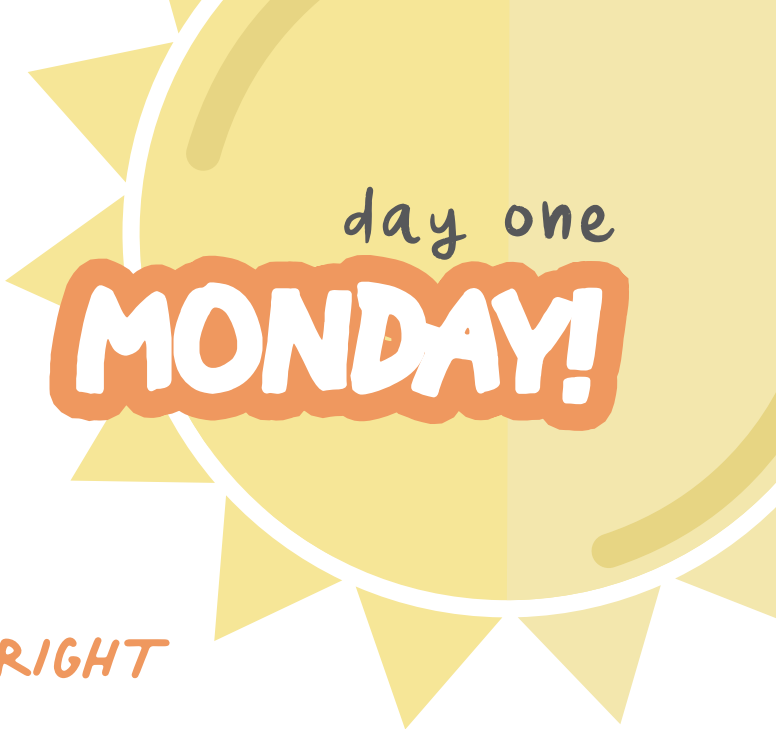
Next, get started on some awesome activities! Each day there will be an Around-Town-Adventure that will get you out of the house and around our beautiful 5-cities! There will also be fun crafts, science experiments, recipes and other hands-on activities. Do as many as you'd like, in any order you'd like. Note: some of the Around-Town Adventures have some time constraints.

Dive deeper! Each day there will be "More to Dive Into" and "Going Deeper" sections. These can be done as a family, or older kids can read and answer the questions themselves. We are praying these sections will help kids apply the concepts we are learning each day.

Pray! Finish your day praying together as a household. On the website there will be a daily family prayer practice video as well as some prayer activities to do together.

Don't forget to share! We want to see photos and videos of your adventures! Share them with us on the New Life Kids Facebook Group!

WWW.FACEBOOK.COM / GROUPS / NEWLIFEKIDSMIN



day one
MONDAY!

Bright idea

I AM A **LIGHT**
SO I SHOULD **SHINE BRIGHT**

Bible Story

"YOU ARE THE LIGHT OF THE WORLD. A TOWN BUILT ON A HILL CANNOT BE HIDDEN. NEITHER DO PEOPLE LIGHT A LAMP AND PUT IT UNDER A BOWL. INSTEAD THEY PUT IT ON ITS STAND, AND IT GIVES LIGHT TO EVERYONE IN THE HOUSE. IN THE SAME WAY, LET YOUR LIGHT SHINE BEFORE OTHERS, THAT THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY YOUR FATHER IN HEAVEN.

MATTHEW 5:14-16

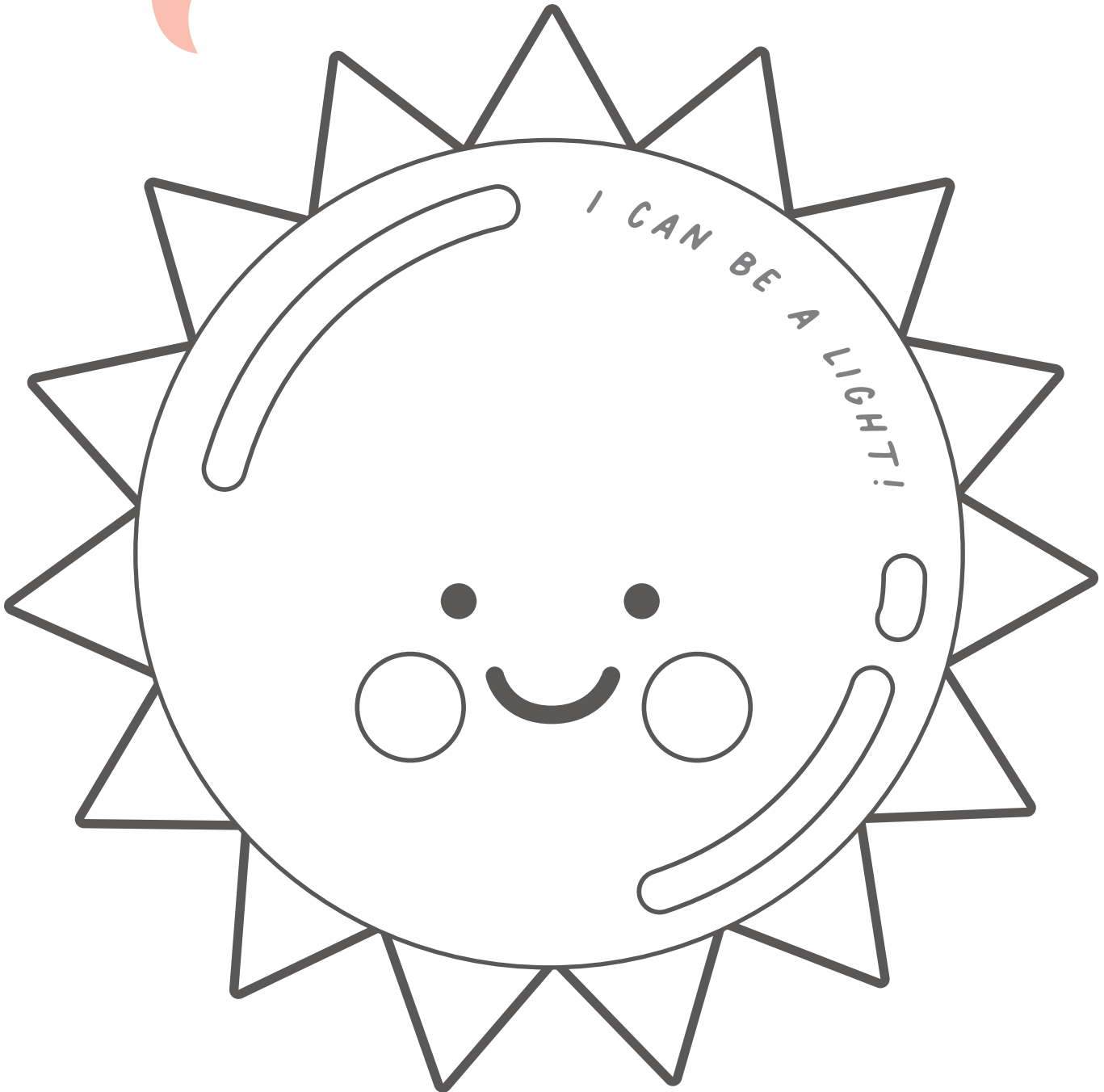
Bottom Line:

WHEN WE SHOW LOVE TO OTHERS - WE SHINE!

Song of the day:

LIGHT SHINE BRIGHT

COLOR ME!



ACTIVITIES!!!

for today

AROUND-TOWN ADVENTURE

Selfie Photo Scavenger Hunt

PAGE

6

HANDS-ON ACTIVITIES

Sunshine Kindness Tracker (week-long craft)

8

Sun Sewing (craft)

10

Stained Glass Cookies (recipe)

12

Night Light Experiment (science)

14

Science Brightness Experiment (science)

14

AT HOME GAME

Darkness + Light Glow Stick Hunt

15

AROUND-TOWN ADVENTURE

SELFIE PHOTO SCAVENGER HUNT



Use your parent's phone and take pictures in front of many landmarks, places & stops in the beautiful 5-cities area. Each clue is a hint of where to go and what to take your selfie with. We have provided a large list - choose 5, 7 or as many as you would like! Once you're finished, text **doneme20** to our New Life texting number 805-979-2003 to receive a congratulations!! Also, you have a happy face stamp in your box, use that in your booklet to mark off which ones you found, just stamp the sun silhouettes. Don't forget to post your pictures to our New Life Kids Min Facebook group and have fun and remember - Adventure is out there!



CLUES:



I live downtown, but I should be out at sea. I'm the color of blue, which makes me easy to see. I once swallowed a whole person, but only for 3 days. Don't call me a fish, because I breathe air on a regular basis, you can find me near the Pismo Beach Oasis.



Howdy Partners! I look over your city and always have a great view. Some say I look sad, but you know that isn't true. I am all by myself, but I've got city hall as my neighbors, if you like a good meal it might cost you some favors. Come take a picture with me because I always look west and my mustache never waivers.



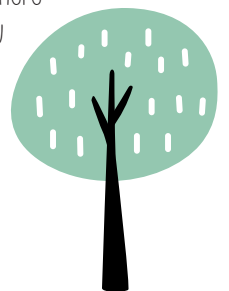
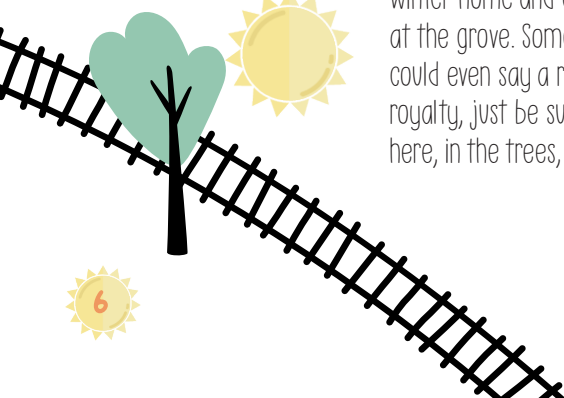
I may be extinct but I'm still in your town. Come find me at the park, for I am a shade of brown. I stand on two legs and I'm made of stone, so I can't travel very far, but take a picture with me and make sure you Rowrrrrrr!




If your idea of fun is hanging out at an abandoned gas station, then boy are you in luck. Come take a picture with me, and my surfboards I won't cost you a buck. My purpose in life is to welcome you to our downtown, but sometimes the words on my sign can even wash away a frown.




I only come here for the winter, so you won't find the real me now. But that's no reason not to visit my winter home and come take a bow. You still can take a picture of my sign, because it's always here at the grove. Sometimes it's cold here in the eucalyptus, so maybe stop and grab a coat or you could even say a robe. You should think very highly of me because another name for me is royalty, just be sure to use the bathroom before you stop to come and see me. Because here, in the trees, we haven't got a place where one can come and take a pee.







Ahoy Mateys, I bid you a good day, come take your picture with me before I fully decay. That's right I'm old, and been out at sea, but come find me on land and take yar picture with me. There might be buried treasure out in the dunes, but you'll never get that secret from me, I stand outside a shark building now watching the trucks roll by and on out to sea. My ocean riding days are behind me, but I've been known to still be a trickster if you get too close to me. Just watch out for the hook hand, it is sharp and will leave you hurting and wishing for your mommy!




If you like yellow, have we got a place for you! All Aboard!! And come on down to take a picture or a few. Take a picture of my car or building and remember some history of life on the rails. Any time spent with an old caboose sure never fails. I've been here since 1904, which is a really long time, but who hasn't always loved a good choo-choo sound and pretending to board me to stop a crime.



I'm Big, Hot and Juicy and if you come here on your birthday, then I'm even free!! Come take your picture with me and have fun putting your head inside of me. I'm mostly yellow and lots of you come visit me after a baseball game with your whole team. You can get your picture on the wall, and you don't even have to scream.



Hey Mamma! If you're looking for the King, then you need to head down to the village. Come take a picture with me and it will be a real privilege. Don't look for me at the Heartbreak Hotel, jailhouse or 7-11, you can find me sitting outside a place called heaven.

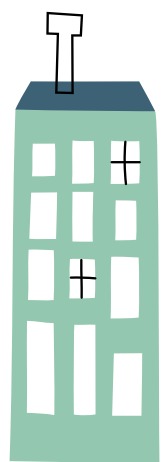


Come take a picture with me and discover the true star of the village. I walk on two legs and don't mind a lunch-time spillage. I go where I please but don't call me a chicken, I'm more male and feistier and hope to stay out of the kitchen. You can find me just about anywhere, but approach me with caution, because I'm nobody's pet. I'm just a rooster someone's forgotten.

PRO TIP!

LISTEN TO OUR MAIN EVENT PLAYLIST ON SPOTIFY WHILE YOU'RE DRIVING AROUND TOWN!

don't forget to text [done20](text:done20) to 805-979-2003



SUNSHINE KINDNESS TRACKER

THANK YOU TO LITTLEFAMILYFUN.COM FOR THE IDEA

THIS CRAFT WILL BE ONE YOU DO THROUGHOUT THE WEEK AS YOU DO MORE AND MORE KIND ACTS!

SUPPLIES:

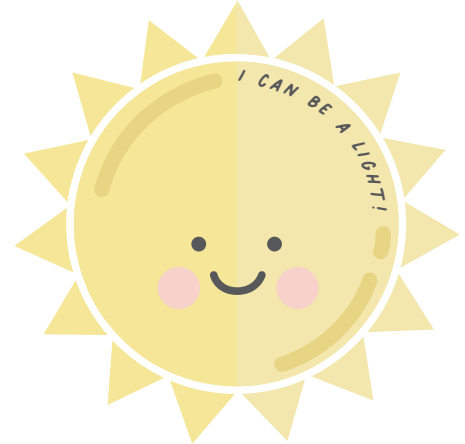
2 PIECES OF YELLOW CONSTRUCTION PAPER

1 PIECE OF ORANGE CONSTRUCTION PAPER

SCISSORS

MARKER

TAPE



INSTRUCTIONS:

1. Use a large bowl to trace and cut a big circle out of the orange paper.
2. On the orange circle, write "Let your light shine!" and read our Bible memory verse, Matthew 5:16
3. Cut 1" strips from the yellow construction paper and save these to use during the week.



4. With your family, read Matthew 5:16
5. Tape up the orange circle on the wall.
6. During the week, Write the kind action you completed and add yellow rays to your sun. Every time you do something kind add it to your sun to keep track of your kind actions for the week.



CONVERSATION SUGGESTIONS:

1. What does it mean to let your light shine?
2. What are some good things that you can do?
3. What are some good things that our family can do?
4. Can you tell me about when someone else has done something good for you?
5. What does it mean to bring glory to God?
6. When you are kind to others at the grocery store, it makes me look good. When we do good things because we love Jesus, we are making God look good.
7. How do the good things we do bring glory to God?
8. Who do you know that you can do something kind for?

LET YOUR LIGHT SHINE SO OTHERS CAN SEE IT. THEN THEY WILL SEE THE GOOD THINGS YOU DO. AND THEY WILL BRING GLORY TO YOUR FATHER WHO IS IN HEAVEN.

MATTHEW 5:16

Remember to help others by wearing a mask and/or practicing appropriate social distancing.

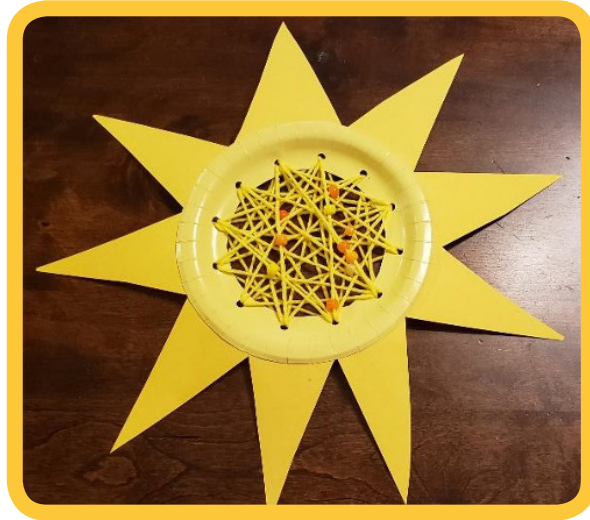
100 WAYS TO SHINE GOD'S LOVE

1. Smile
2. Wave and say hello
3. Hold the door for someone
4. Bring in a neighbor's trash cans
5. Pay for the car behind you in the drive-thru
6. Buy someone lunch
7. Send or make a card, just because
8. Bring someone flowers, especially ones that you pick yourself
9. Bake cookies to share
10. Offer to pick up groceries for someone
11. Bring dinner to someone
12. Carry someone's bags
13. Leave a kind note
14. Offer to watch someone's children
15. Water a neighbor's plants
16. Offer to weed a neighbor's garden
17. Acknowledge strangers on the street (with a parent present)
18. Add money to an expired meter
19. Offer your seat to someone who needs it
20. Call an old friend to catch up
21. Make chicken soup for a neighbor or friend who is sick
22. Write a thank you note
23. Bring a treat to share at a parent's work
24. Give compliments generously
25. Give a surprise gift
26. Make a thank you letter or picture for first responders and deliver it to the station
27. Give bags of toiletries and food to the homeless
28. Be polite to store clerks, tell them thank you
29. Volunteer in your community
30. Send a text to someone to let them know you are thinking about them and praying for them
31. Leave surprise notes for family members to find
32. Paint rocks and hide them around town for people to find
33. Listen when someone else is talking
34. Offer a shoulder to cry on
35. Return a cart for someone
36. Carry something heavy for someone
37. Donate items you don't need
38. Learn people's names and use them
39. Be positive and encouraging
40. Share a good book
41. Buy someone a small gift, just because
42. Leave encouraging notes around town
43. Donate school supplies
44. Plant flowers for others to enjoy
45. Be kind to a mom who may be having a hard time
46. Offer to take care of someone's animals while they're not home
47. Get together with neighbors for a cookout
48. Donate blankets to a shelter
49. Help a mom with her stroller
50. Ask "How can I help" when you see someone struggling
51. Pick up litter
52. Say "please" and "thank you"
53. Give a hug (Or fist bump, elbow bump, air high-five, etc.)
54. Bring in muffins for the teachers at school
55. Leave coins at the laundromat
56. Give a gift to someone who needs it
57. Plant a tree
58. Buy a cold drink for someone on a hot day
59. Leave a kind note or drawing on someone's car
60. Introduce yourself
61. Share your skills and talents
62. Introduce friends you think will get along
63. Do a load of laundry for a new mom or someone who is sick
64. Write a thank-you note for your server
65. Give directions to someone who is lost
66. Befriend someone who is lonely
67. Lend a helping hand, whatever it may be
68. Share an inspiring story
69. Leave your extra change at the cash register
70. Help someone do a chore
71. Do a chore for a sibling without them knowing
72. Prepare a craft as a gift to show someone gratitude
73. Set up a bird feeder
74. Mail a postcard (or some drawings) to a friend or relative
75. Donate food to the food pantry
76. Leave a nice note in a library book for another child to find
77. Make your friends & family laugh today
78. Prepare a snack basket for the local fire department
79. Leave water & snacks for your delivery driver or mail carrier
80. Prepare a homemade gift for a friend or neighbor
81. Pray for someone who needs a friend
82. Do a secret act of kindness for someone
83. Create a "birthday box" for kids who can't afford to celebrate (Deliver to the New Life Food Pantry)
84. Pack a shoebox for Operation Christmas Child (in the Fall) www.samaritanaspurse.org/what-we-do/operation-christmas-child/
85. Make bookmarks or doorknob hangers with a picture and kind words to give to people
86. Sponsor a child from around the world through an organization like World Vision. You will be able to write to your child and pray for them regularly. <https://www.worldvision.org/sponsor-a-child>
87. Assemble simple craft kits and give them to a local children's hospital
88. Make and deliver thank-you notes and pictures for hospital workers
89. Gather loose change in a leftover baby bottle for Lifeline Pregnancy Center <https://www.lifelinepregnancycenter.org/>
90. Rake leaves or sweep the sidewalk for a neighbor, especially one that you know is elderly
91. Tell your friends or family how important they are to you and why
92. Write letters or draw pictures to troops stationed overseas <https://amillionthanks.org/>
93. Leave a generous tip with an encouraging Bible verse about joy
94. Adopt a local military mom whose husband is overseas
95. Donate outgrown children's & teen's clothes to Children's Resource Network (click on Contact Us for drop off locations) www.childrensresourcenetwork.org/
96. Cut coupons and leave them on the shelf at the grocery store next to the product
97. Let the person in line behind you go first
98. Volunteer at a local animal shelter to walk dogs, clean cages, or just play with the animals
99. While at a restaurant, anonymously pay for the food for the family at another table
100. Plan a neighborhood food drive for the Food Pantry

SUN SEWING CRAFT

SUPPLIES:

- SMALL YELLOW PAPER PLATE
- YELLOW YARN
- PLASTIC YARN NEEDLE
- ORANGE AND YELLOW PONY BEADS
- YELLOW CONSTRUCTION PAPER
- SCISSORS
- HOLE PUNCH
- TAPE OR GLUE



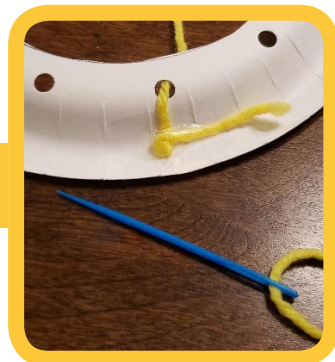
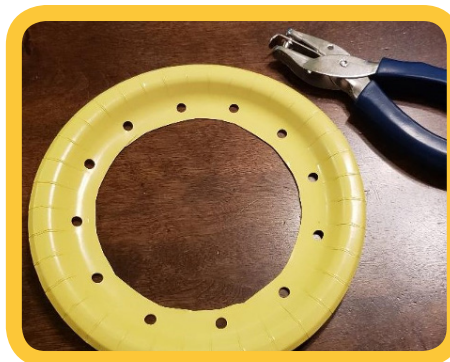
INSTRUCTIONS:

1. Begin by drawing (or tracing) a circle on the back of your paper plate. Poke a hole into the circle with your scissors and then cut out the circle.
2. Use a hole punch to punch holes around the entire perimeter of the circle about 1-inch apart.
3. Cut off a long section of yarn and thread it through your plastic yarn needle. Tie a knot at the end of the yarn needle to secure it in place. Tape the end of the yarn onto the back of the paper plate.



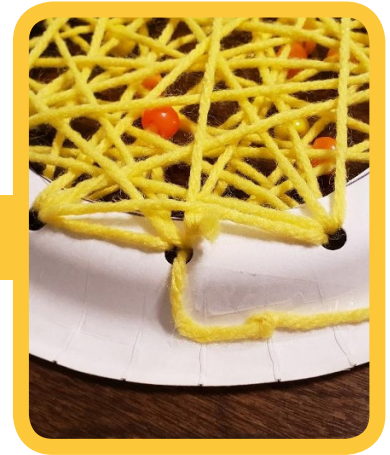
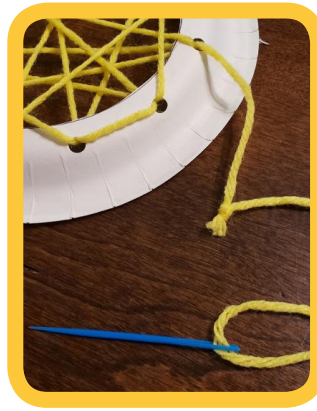
PRO TIP!

The longer the strand of the yarn the better so you'll fill up more of the spaces inside the circle. If you reach the end of your yarn and still want to sew more, cut off another long strand of yarn, tie it to the existing yarn on your paper plate, thread the needle on the end of it, and continue sewing. Younger kids may prefer to use shorter lengths of string to avoid tangling. Keep adding more string as they need more

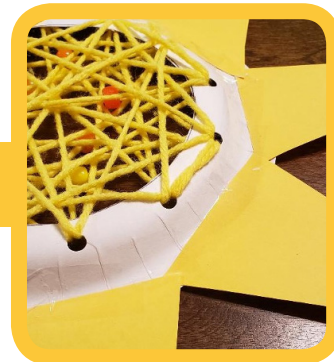


4. Kids can now begin sewing around the holes in the paper plate. Come up through a hole in the back of the paper plate to start, then go back down through a hole at the front of the paper plate. Continue this process, sewing through each of the holes in the paper plate.

5. After you have sewn through all of the holes in the paper plate, start adding orange and yellow pony beads onto each of the stitches you make. This adds fun texture and color to your sewing craft. When you reach the end of your yarn, cut off the plastic yarn needle and tape the end of the yarn onto the back of the paper plate.



6. Cut yellow triangles out of your construction paper for sun rays. Tape or glue them onto the back of the paper plate along the outside rim of the plate.



CONVERSATION SUGGESTIONS:

1. Jesus said, "Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven."
2. The best way to shine is to show love to others.
3. How can the sun remind you to shine brightly?
4. How do you feel when others show love for you?
5. Tell me about a time when you did something good for someone. How was that showing love?
6. How did the person feel about the good thing you did for them?
7. When you did that good thing, you were shining brightly with God's love.



STAINED GLASS COOKIES

PREP TIME: 20 MINS
COOK TIME: 10 MINS
CHILLING TIME: 30 MINS

TOTAL TIME: 1 HR



INGREDIENTS:

20 JOLLY RANCHER CANDIES
1 CUP UNSALTED BUTTER, SOFTENED
1 OZ CREAM CHEESE, SOFTENED
3 / 4 CUP SUGAR
2 EGG YOLKS
2 TEASPOONS VANILLA
2 1 / 2 CUPS ALL-PURPOSE FLOUR, PLUS MORE FOR DUSTING

INSTRUCTIONS:

MAKE SUGAR COOKIE DOUGH

1. Using a stand mixer or hand mixer, beat the softened butter, cream cheese, and sugar together on medium speed until fluffy (about 2 minutes).
2. Add egg yolk and vanilla beat until combined (about 1-2 minutes).
3. Gradually add the flour and beat on low speed until just combined (2 minutes).
4. Using your hands, gather the dough into a ball and flatten to a 1-inch thick disk.
5. Wrap in plastic wrap and chill for 30-60 minutes or as long as 1 day.
6. Remove from the fridge. Unwrap and place it on a lightly floured surface.
7. Roll out the dough evenly until it is approximately 1/8-inch thick. Use cookie cutters to cut out your desired shapes (You can re-roll the leftover dough as needed and re-cut.)

MAKE STAINED GLASS COOKIES

1. Preheat oven to 375°F (190°C). Line a baking sheet with parchment paper and set aside.
2. Unwrap the hard candies. Place each color into a separate ziplock bag, seal and crush into small pieces* by pounding gently with a rolling pin.
3. Transfer the cut cookie dough to a parchment-lined baking sheet. Bake for 6 minutes and remove it from the oven.
4. Fill the centers of the cookies with crushed candies so they're full in the center but not overflowing (remember the candies will shrink when baked). You can use a single color or combination for each cookie.
5. Bake for another 4-5 minutes until the candy has melted.
6. Let the cookies cool on the baking sheet until the candies have hardened completely.

NOTES

- Don't crush your candies into powder, or they won't melt properly.
- You can store these cookies at room temperature for 2-3 days. Make sure to store them in a single layer or place parchment in between layers to prevent them from sticking.

CONVERSATION SUGGESTIONS:

1. Let's work together to make these cookies. How does working together show love?
2. When these cookies are finished, we can hold them up to the light and the light will shine through the cookies.
3. How does Jesus' light shine through us?
4. Jesus said that we are the light of the world. What do you think that means?
5. How can we use cookies to help us show the light of Jesus' love?
6. Who can we share the cookies with?

NIGHT LIGHT EXPERIMENT

Experiment with an automatic night light that has a built-in photocell sensor. You'll put two night lights face to face for a little "light" conversation!

Go here for instructions:

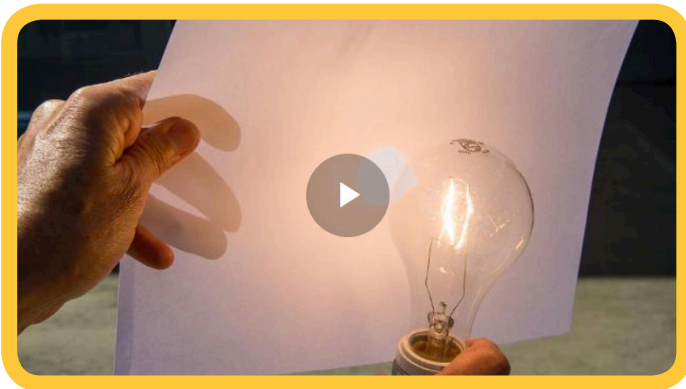
[WWW.EXPLORATORIUM.EDU /
SNACKS / LIGHT-CONVERSATION](http://WWW.EXPLORATORIUM.EDU / SNACKS / LIGHT-CONVERSATION)



or scan this QR code with your phone's camera app.



BRIGHTNESS EXPERIMENT



Compare the brightness of two light sources using an oil spot on a white card. When an oil spot on a card is illuminated equally from both sides, it mysteriously disappears. This allows you to compare the brightness of the light sources on either side of the card.)

SUPPLIES NEEDED:

- 4x6 plain index card
- A drop of cooking oil

Go to here for Instructions:

WWW.EXPLORATORIUM.EDU / VIDEO / OIL-SPOT-PHOTOMETER-SCIENCE-SNACKS

or scan this QR code with your phone's camera app.



DARKNESS + LIGHT

GLOW STICK HUNT

AT HOME GAME TO PLAY

This is a fun activity that teaches the importance of being a light in a dark world. Treat it like Hide & Seek only played with the lights out and searching for glowsticks.

MATERIALS:

Four glow sticks, Bible marked at Matthew 5:16

OBJECTIVE:

Help group members think of darkness and light in a visual way.

SUGGESTION:

This game works best after dark.

PROCESS:

1. Break or "snap" glow sticks so that they light up and then hide them around the house without the kiddos seeing where they were hidden (make sure they can see the glow).
2. Have the kids join you in a room such as the family room.
3. Turn off some (or all depending on the age of your child) of the lights in your house, and have your kids talk about darkness. (Ask questions like: "How do you feel when you are in the dark?"; "Are you afraid, worried, or happy?"; or "In your mind, what kinds of behaviors and attitudes love the darkness?")
4. After discussion, send the kiddos to find the "light" (glow sticks) hidden around the house.
5. When they return with their Glow Sticks ask them: "Where (to what place or group of people) would you like to be the light in the darkness (i.e. school, neighborhood, friends, family)?"

CONCLUSION:

This is your opportunity to ask, "How did you find the Glow Stick? (It lit up and they saw the light). What does it mean to be a light?" (We can shine so that the good things I do bring glory to God).

MORE TO DIVE INTO!

Our Memory Verse of the Week: Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven. Matthew 5: 16

You've probably noticed by now; we are all about being a light. In fact, our "Bright Idea" is just that:

I AM A LIGHT – SO I SHOULD SHINE BRIGHT!

When we show love to others by doing good deeds - we shine!

Most people would expect a reward of some kind when they do a good deed. Did you ever do a good deed and then look around to see if people noticed? If you pick up your little brother's toys, your parents will probably notice and tell you how proud they are. If you offer to carry the neighbor's groceries, they may offer you cookies, or at least a "thank you".

But in Matthew 5:16 it says even when our good deeds make us stand out, we shouldn't be doing them to make ourselves look good, so that we get all the credit. Who should people praise when you let your good deeds shine for everyone to see?

(Read our memory verse again for the answer.)

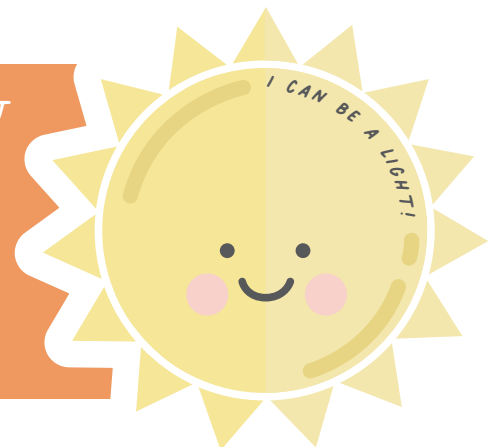
Talk with your parents about how you would do good deeds that would make people praise God, rather than praising you. Use your sunshine tracker this week to keep track of all the good deeds you can do to let your light shine.

GOING DEEPER:

(OPTIONAL-DESIGNED FOR OLDER KIDS)

Read these verses on shining bright:

2 CORINTHIANS 4:5-6 - REMEMBER, OUR MESSAGE IS NOT ABOUT OURSELVES; WE'RE PROCLAIMING JESUS CHRIST, THE MASTER. ALL WE ARE IS MESSENGERS, ERRAND RUNNERS FROM JESUS FOR YOU. IT STARTED WHEN GOD SAID, "LIGHT UP THE DARKNESS!" AND OUR LIVES FILLED UP WITH LIGHT AS WE SAW AND UNDERSTOOD GOD IN THE FACE OF CHRIST, ALL BRIGHT AND BEAUTIFUL.



When you get to know Jesus, He shows us how bright and beautiful God really is. Paul told the believers in Corinth that he wasn't there to talk about himself, but he was an errand runner for Jesus.

What are the kinds of errands you think Jesus might ask us to do?

Do you know what an errand is? Ask a parent to tell you what an errand is. Maybe they could share with you what their least favorite errand is.

What if Jesus asked you to run an errand?

What if Jesus asked you to go be a friend to the kid everyone is making fun of?

Do you think people would notice your good deed?

What would you say if you were asked why you were being nice to him or her?

Would you tell them about Jesus and that God wants everyone to feel loved and accepted?

If you did that, God would be the one who got the glory or the credit for bringing something bright and beautiful to that kid. The reason we shine, is not because we are bright, it is because God's light shines through us. Here is what Paul said next.

2 CORINTHIANS 4:7 WE NOW HAVE THIS LIGHT SHINING IN OUR HEARTS, BUT WE OURSELVES ARE LIKE FRAGILE CLAY JARS CONTAINING THIS GREAT TREASURE. THIS MAKES IT CLEAR THAT OUR GREAT POWER IS FROM GOD, NOT FROM OURSELVES.

So, let's make sure we don't forget that the light and the power and the love we have to share comes from Jesus, to us, and goes out to the world through us. When we show love to others we shine.

REMEMBER

I AM A LIGHT SO I SHOULD SHINE BRIGHT!

MONDAY

FAMILY PRAYER PRACTICES

Watch the Monday Family Prayer video as a family and pray together. Today you are going to be introduced to Prayers for our God and using a simple way to organize and remember your prayers:

PRAISE - - - THANK - - - ASK

For today, we included one example in your box to follow along. This is an easy one for your family to duplicate at home. Next time you use this Prayer Practice, you can just grab a piece of paper and make your three columns with the words Praise-Thank-Ask at the top.

So, in this first column we ask the family what we can praise God for. Write down the answers in the column below the word "Praise". Next, you will ask everyone what they would like to thank God for and write it in the "Thank" column. Lastly, you will ask for prayer requests and write those in the final column named "Ask."

After you have filled in all the columns you can pray together starting with the Praise column reading all words describing who God is to your family. Then, you will continue prayer by reading all of the things your family is thankful for. And to finish, you will pray over the prayer requests that your family wanted to bring to God.

If you do this type of Prayer Practice weekly or even monthly, it is a great way to be able to go back and see how God has moved in your family's life.

IN YOUR BOX: YOU WILL FIND A HALF SHEET OF PAPER WITH THE WORDS PRAISE-THANK-ASK PRINTED ON THE TOP.

NOTES + DOODLES

COLOR ME!



day two

TUESDAY!

Bright idea

**I AM A LIGHT
THAT CAN CHOOSE WHAT'S RIGHT**

Bible Story

"ALL THE KING'S OFFICIALS AND THE PEOPLE OF THE ROYAL PROVINCES KNOW THAT FOR ANY MAN OR WOMAN WHO APPROACHES THE KING IN THE INNER COURT WITHOUT BEING SUMMONED THE KING HAS BUT ONE LAW: THAT THEY BE PUT TO DEATH UNLESS THE KING EXTENDS THE GOLD SCEPTER TO THEM AND SPARES THEIR LIVES. BUT THIRTY DAYS HAVE PASSED SINCE I WAS CALLED TO GO TO THE KING."

12 WHEN ESTHER'S WORDS WERE REPORTED TO MORDECAI, 13 HE SENT BACK THIS ANSWER: "DO NOT THINK THAT BECAUSE YOU ARE IN THE KING'S HOUSE YOU ALONE OF ALL THE JEWS WILL ESCAPE. 14 FOR IF YOU REMAIN SILENT AT THIS TIME, RELIEF AND DELIVERANCE FOR THE JEWS WILL ARISE FROM ANOTHER PLACE, BUT YOU AND YOUR FATHER'S FAMILY WILL PERISH. AND WHO KNOWS BUT THAT YOU HAVE COME TO YOUR ROYAL POSITION FOR SUCH A TIME AS THIS?"

ESTHER 4:11-14

Bottom Line:

WHEN WE MAKE GOOD CHOICES - WE SHINE!

Song of the day:

LIGHT OF THE WORLD

ACTIVITIES!!!

for today

AROUND-TOWN ADVENTURE

PAGE

Local Business Sticker Hunt

23

HANDS-ON ACTIVITIES

Build a Lighthouse (craft)

24

Lighthouse Silhouette (craft)

26

Breakfast Biscuit Choices (recipe)

28

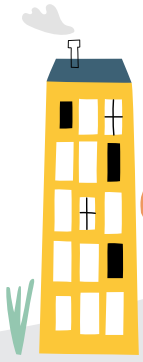
Making Good Choices (science)

30

AT HOME GAME

Choices!

32



AROUND-TOWN ADVENTURE

LOCAL BUSINESS STICKER HUNT

3 possible stops today - 2 restaurants and 1 business will have stickers to pass out - stop in and buy a treat or maybe order dinner for the whole family. Collect one or all 3 different lighthouse stickers for the day. Don't forget your masks if you do choose to go inside.

RESTAURANTS:

Find the Main Event Poster stand and use the hand sanitizer, then grab a sticker at these 2 local restaurants - You don't need to buy anything to get the stickers - but if you would like to order something, I'm sure they would appreciate the business.

- **SWEET PEA BAKERY** 1200 E Grand Ave #102, Arroyo Grande, CA 93420
Treat yourself while you're here! Ask about the Sweet Pea Special!
Hours open: 6:30am-2pm
- **PALO MESA PIZZA** 150 W Branch St., Arroyo Grande, CA 93420
Go inside and ask for a special surprise!
Also, check your box before you go for an awesome deal!
Hours open: 11am-9pm



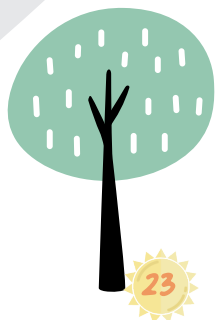
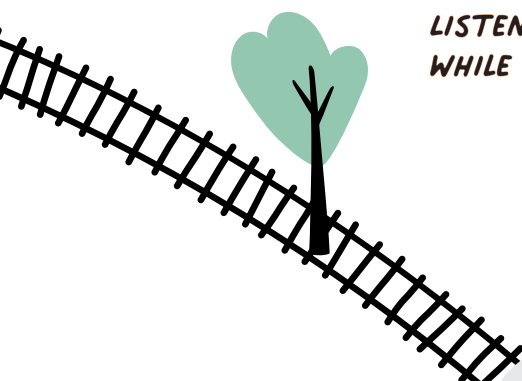
BUSINESSES:

Find the Main Event Poster stand and use the hand sanitizer, then grab a sticker!

- **TRUE VALUE HARDWARE** 1578 W Branch St, Arroyo Grande, Ca 93420
Visit the Garden Center Register for a special surprise!
Hours open: 8am-6pm (special surprises from 1-5:30pm)

PRO TIP!

LISTEN TO OUR MAIN EVENT PLAYLIST ON SPOTIFY WHILE YOU'RE DRIVING AROUND TOWN!



BUILD A LIGHTHOUSE

SUPPLIES:

9" PAPER PLATE, TURNED UPSIDE DOWN

16 OZ PAPER CUP

TOILET PAPER ROLL PIECE

TEA LIGHT

BLACK CONSTRUCTION PAPER

WOODEN BEAD

TOOTHPICK

SCISSORS

WATERCOLOR PAINT

WHITE GLUE

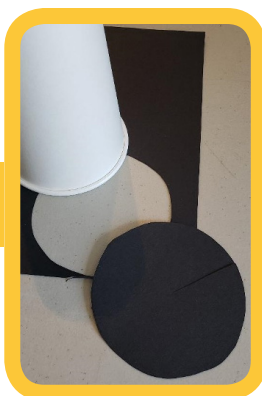
TAPE

SHARPIE OR BLACK PERMANENT MARKER

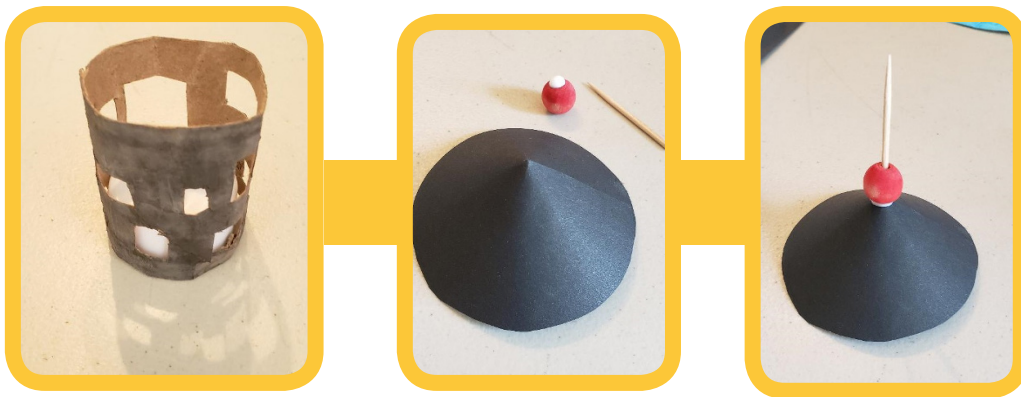


INSTRUCTIONS:

1. Turn the paper plate upside down to make an island. Paint waves around the scalloped part and land on the smooth part.
2. Place the cup opening side down on the black construction paper and trace a circle. Cut out the circle and set it aside.
3. Keeping the cup upside down, draw a door and windows on the lighthouse building with the Sharpie, then paint your lighthouse with the watercolor paint. (If you want ideas, Google lighthouses to see the color schemes of real lighthouses around the world.)



4. Glue your lighthouse tower to the island
5. Cut small windows out of the toilet paper tube to make the lantern room (may need a parent's help with this) and then paint the tube.
6. Using the circle cut earlier for the roof, cut a slit to the center and slide one edge over the other to form a peaked cap; tape it together.
7. Glue the roof on top of the lantern room, then place the tea light inside the lantern room. Set on top of the lighthouse building.
8. Now take the bead and carefully put some glue into the hole, about 1/2 full, set it on the peak of the roof, and break the end off the toothpick making it about 1" long. Stick the toothpick "lightning rod" (sharp end up) into the glue in the ball.



CONVERSATION SUGGESTIONS:

Ships rely on lighthouses to warn them of rocks or other dangers they might not be able to easily see. Lighthouses can also guide ships to a safe harbor near land.

1. Why should the captain of the ship trust the lighthouse?
2. Can a captain always see the dangers hiding under the water?
3. What would happen if a captain chose to ignore the warning of the lighthouse? What would happen to the crew of the ship?
4. What happens when the captain makes the choice to be cautious when he/she sees the lighthouse?
5. How should we make good choices when we see or hear a warning?
6. What warnings do we see or hear every day in our lives? (Stop sign, Beware of Dog, Wet Floor, Wear your seatbelt, Don't touch a hot stove, etc.)
7. How do good choices protect us and others around us?

LIGHTHOUSE SILHOUETTE

SUPPLIES:

WATERCOLOR PAPER

MASKING TAPE

BLACK CONSTRUCTION PAPER

LIGHTHOUSE TEMPLATE

SCISSORS

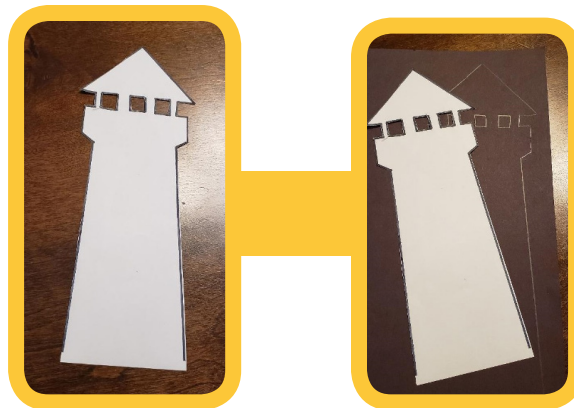
PAINT (WATERCOLOR / ACRYLIC / TEMPRA)

GLUE



INSTRUCTIONS:

1. Either cut out the provided lighthouse template or design your own! Trace the lighthouse onto black construction paper and cut it out.



2. Place the silhouette on the watercolor paper and use masking tape to make light rays coming from the lighthouse. (Do not glue down the silhouette at this point.)
3. Pick up the silhouette and paint the background in reds, pinks, oranges, yellows, blues, and purples. Less water makes a brighter color. Use more water to blend the colors.

4. Let the paper dry completely. Slowly and gently remove the tape. Give the lighthouse silhouette in place on the canvas to finish your painting. The tape resist gives the effects of lovely rays of light shining from the lighthouse.
5. When finished, write some good things you can choose to do in the beams of light. (Share, love, tell the truth, pray, forgive, be kind.)



CONVERSATION SUGGESTIONS:

1. When we make good choices, we shine!
2. What are some good choices we can make? (Share, love, be kind, tell the truth, pray, forgive)
3. Is it always easy to make the right choice?
4. What hard choice did Esther make?
5. How do you think her choice shined a light?
6. Can you tell me about a time when you made a good choice? ...a bad choice?
7. How did your good choice shine a light for others to see?

BREAKFAST BISCUIT CHOICES

INGREDIENTS:

USE BISQUICK OR YOU CAN CHOOSE TO MAKE YOUR OWN (RECIPE BELOW)

INGREDIENTS TO MAKE "BISQUICK"

- 2 CUPS ALL-PURPOSE FLOUR
- 1 TABLESPOON BAKING POWDER
- 1 TEASPOON SALT
- 1/3 CUP VEGETABLE SHORTENING, CUBED



INSTRUCTIONS:

1. Add the flour, baking powder and salt to the bowl of a food processor.
2. Pulse ingredients for about 15 seconds.
3. Add in the vegetable shortening and pulse the processor until the mixture resembles cornmeal.
4. Place homemade Bisquick into an airtight container and store within the refrigerator for up to 3 months.

WHAT DO YOU CHOOSE TO ADD TO YOUR BISCUITS?

Amount is for each biscuit (make it a math problem- multiply by the number of biscuits you want to make)

- 1/4c "bisquick" plus 6 blueberries, 1/2 tsp lemon zest, 1/4 tsp almond extract, 1 tsp sugar 1 Tbsp water
 - 1/4c "bisquick" plus 1 tsp maple syrup, 1 tsp dark brown sugar, 1/4 tsp cinnamon, 1 tsp toasted walnuts, 2 Tbsp water
 - 1/4c "bisquick" plus 1 tsp smashed ripe banana, 1 Tbsp sour cream or unflavored yogurt, 1 Tbsp chocolate chips, 2 tsp water
 - 1/4c. "bisquick" plus 1 Tb Cheddar cheese, 2 tsp crumbled bacon, 1 Tb water, a dash of garlic or onion powder
5. Place on parchment lined, or well-greased cookie sheet, and bake at 425 degrees for 13-15 minutes

CONVERSATION SUGGESTIONS:

1. It's easy to choose what you want to add to the biscuits, but is every choice that easy to make?
2. Would it be a good choice to add dog food to our biscuits?
3. Do we always make good choices?
4. What kinds of bad choices do we make?
5. What happens when we make bad choices?
6. Would it be a good choice to take something that's not yours?
7. When is it hard to make a good choice?

MAKING GOOD CHOICES

SCIENCE EXPERIMENT

SUPPLIES:

2 CLEAR JARS OR GLASSES
WATER
FOOD COLORING
SPOON
LIQUID BLEACH

INSTRUCTIONS:

In the beginning, God made Adam and Eve perfect and without sin (Gen 1:31).

POUR CLEAN WATER INTO A GLASS

TAKE A FLASHLIGHT AND SHINE IT THROUGH THE CLEAN WATER.

Notice how easy it is to see the flashlight through the water

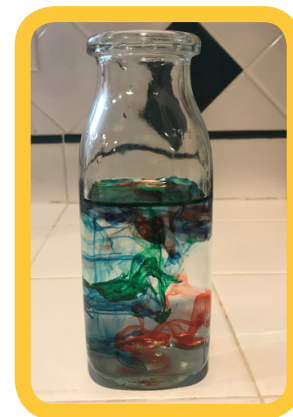


God made man in his image so that we can reflect His nature on earth (Gen 1:26-27). God commanded Adam and Eve to obey him and to trust him (Gen 2:17), but they didn't (Gen 3). They chose to eat the fruit that God told them not to eat. That choice to disobey God is called sin.

DROP A SINGLE DROP OF FOOD COLORING INTO THE GLASS.

Because we all come from Adam, we all start life this way, imperfect. When we look at the little bit of coloring, it is actually kind of pretty and fun, but remember, God created all humans to "bear his image," not to make an image of our own. Each and every day of our lives, because of that original sin, we have a tendency to add just a little more, thinking that it will be even prettier with every drop.

ADD A DROP OF ANOTHER COLOR, AND THEN ANOTHER COLOR.



Let it swirl around and watch how the dyes play with one another.

At first, it seems kind of pretty, kind of attractive, and even fun! Those dyes begin to combine in different ways that we couldn't imagine. These dyes represent sin in our lives. It seems like we are making our lives better, taking things that we really want even though it isn't ours, or telling your friends an amazing story that makes them like you even though it isn't true. Each of these choices changes the way that God is seen through us. The Bible says that God alone is good. If we want to reflect that goodness in our lives, he has to be our main thing.

SHINE THE LIGHT THROUGH THE WATER AGAIN.

Note that it can be seen, just not as clearly.

NOW ADD ONE DROP OF EACH DYE THAT YOU HAVE.

This should create a very dark liquid.

Now shine the light through the water again and observe how easy or hard it is to see the light itself. Is it just as bright as it was?



As we allow sin to build up in our lives, it becomes harder and harder to see God's image, his goodness through our lives.

Now ask your child to take the dye out of the water.

Have them imagine different ways of taking the dye out, filtering, adding more water, pouring the water into a different glass.

Unfortunately, we can't take the sin out of our lives that we have already put there, only God can do that. God sent Jesus to take away our sins so that we can be made

clean.

POUR CUP OF BLEACH INTO THE GLASS TO REMOVE THE COLOR OF THE DYE.

Jesus is just like the bleach. When we go to him and ask him to enter our hearts and to cleanse us from our sins, the Bible says that we are washed white as snow.

SHINE THE LIGHT THROUGH THE WATER AGAIN.

It should be easy to see clearly.

When Jesus is living in us, God can shine his image through us. Whenever we add sin to our life, it is important to do as the Bible commands us to do. Confess your sins and he is righteous and just to forgive us of our sins. (1 John 1:9)

We can more clearly shine God's light when we ask forgiveness for our wrong choices. We will talk more about forgiveness tomorrow!



CHOICES!

AT HOME GAME TO PLAY

Draw a chalk grid or find floor tiles in a 5 by 5 pattern. number as in diagram. Start the child in #1 and read the choices (or place a 3x5 card in the squares with the choices written if the child is a reader). Then whatever number is by the answer they choose, they move to that square. Now read the choices in that square and allow them to make a choice. Keep going until the child reaches square 25.

<p>1 It's Sunday and sunny and your friend invites you to the beach. But your family is going to church. They let you choose. Go to church - 11 Go to Beach - 3</p>	<p>2</p>	<p>3 You're with friends when they start teasing an unpopular kid, then someone throws you his backpack. What will you do? Return it to kid - 11 Give it someone else - 7</p>	<p>4</p>	<p>5 Some of your friends have started using bad language including saying the names of God and Jesus as if they were just bad words, and they call you names because you won't talk like them. What will you do? Try to ignore them - 13 Call them a name back - 11</p>
<p>6</p>	<p>7 Get just a few more points and you'll beat your high score on a game. You hear Dad say it's time to turn off the game. The game's loud, so it would be easy to pretend you didn't hear. That way, you could finish the game. What will you do? Turn it off - 11 Pretend not to hear - 5</p>	<p>8</p>	<p>9</p>	<p>10 Mom asks for someone to help doing dishes but you did them last night. Your sister says she is too tired. Do you tell mom it's not fair for you to do it twice - 17 Help mom even if it's not fair - 22</p>
<p>11 You know your friend is lying to his parents and tells you not to tell, but his mom asks you what he is doing? Do you keep your friend's secret - 16 Do you tell the truth - 13</p>	<p>12</p>	<p>13 Grandma gave you \$100 for your birthday do you spend it all on a special pair of shoes you want - 10 Buy less expensive shoes and save some of the money - 17</p>	<p>14</p>	<p>15</p>
<p>16 You heard your best friend and some others lying to the principal about who started a fight. You didn't see the fight, but your friend told you another good friend of yours started it. Now an innocent person has been blamed and will be suspended from school. What will you do? Tell the principal - 18 Keep quiet to protect your friend - 13</p>	<p>17 You find a \$10 bill in the driveway. You keep it and say nothing - 18 You ask your parent's if they dropped it - 22</p>	<p>18 Dinner is in 15 minutes, you are starved. Eat a candy bar - 22 Grab a banana - 25</p>	<p>19</p>	<p>20</p>
<p>21</p>	<p>22 You are running a race and you are in 2nd place, The guy ahead of you falls. Do you... Keep running and win the race then go back to help - 24 Stop and help him up now, even if others pass you - 25</p>	<p>23</p>	<p>24 Peanut butter and Jelly for lunch - 25 Grilled cheese for lunch - 25</p>	<p>25 YOU MADE IT!</p>

MORE TO DIVE INTO!

Remember our Memory Verse of the week is: Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven. Matthew 5: 16

Today's Bright Idea is:

I AM A LIGHT – THAT CAN CHOOSE WHAT'S RIGHT!

HAVE YOU EVER THOUGHT ?????

How many choices do you think you make every day?

Some choices aren't really right or wrong, like what color socks to wear, but others can be very important. In today's Bible story Esther had a choice to make that helped save people's lives, even though it put her in danger. What are some of the hardest choices you have had to make?

Why were they hard and what did you do? If you are making a decision that has a right and wrong choice, you need to be sure you know what the right choice is. The Bible helps us understand what is right, but you have to read it or listen to what it says so you can use it when you need to.

Of course, KNOWING what's right is only the first step, the next step is actually DOING the right thing. But what if you know you've made wrong choices already?

We all have done that, but God makes a way for us to get back on track. If we tell God we know we made wrong choices and we are sorry, He forgives us. So, to be a light to those around you- you need to know what the right choices are and make good ones!

GOING DEEPER: **(OPTIONAL-DESIGNED FOR OLDER KIDS)**

There is a reason that you shine when you make good choices, and it is because so many people are making bad choices. Unfortunately, making bad choices is easy to do. Doing what everyone else does may be easy, but that doesn't make it right. Look at what Paul told the Romans about that.

ROMANS 12:2 DON'T COPY THE BEHAVIOR AND CUSTOMS OF THIS WORLD, BUT LET GOD TRANSFORM YOU INTO A NEW PERSON BY CHANGING THE WAY YOU THINK. THEN YOU WILL LEARN TO KNOW GOD'S WILL FOR YOU, WHICH IS GOOD AND PLEASING AND PERFECT.

This verse says you can learn to know what God wants for you. If you are listening, God will show you how to make the right choices, that's the job of His Holy Spirit. How does God do that? For you it might be like when you hear a little voice inside you saying- "this is what you should do". That's how Isaiah described it.

ISAIAH 30:21 YOUR OWN EARS WILL HEAR HIM. RIGHT BEHIND YOU A VOICE WILL SAY, "THIS IS THE WAY YOU SHOULD GO," WHETHER TO THE RIGHT OR TO THE LEFT.

But there are other ways God lets us know what we should do. How do you hear from God? Is it when you read the bible? Is it when you pray? Is it when your parents teach you about God? When you are making a difficult choice, it always helps to hear from God. So, ask yourself, "How does God speak to me?" and then be sure to listen to what He is saying.

So, let's make sure we don't forget that when we make good choices, we shine.

REMEMBER

I AM A LIGHT THAT CAN CHOOSE WHAT IS RIGHT!

TUESDAY

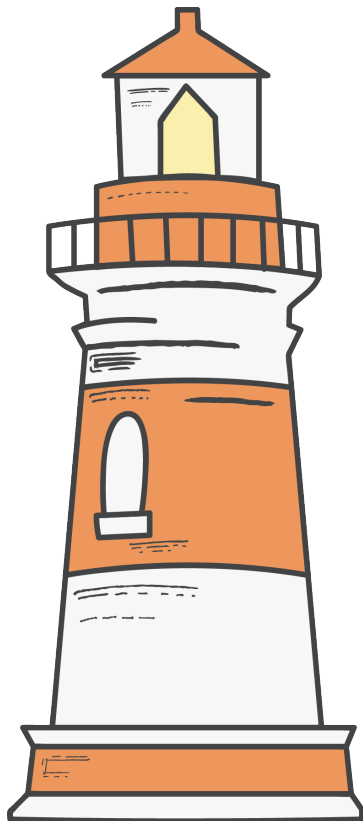
FAMILY PRAYER PRACTICES

Watch the Tuesday Family Prayer video as a family and pray together. Today you are going to be introduced to Prayers for your family and using a simple & fun way to pray for each other:

For today, you will find sticky hands in your box. Today's Prayer Practice is pretty simple since you will not need anything for this. As a family, you are going to gather in a circle and take turns asking for individual prayer requests and praying for each other one at a time.

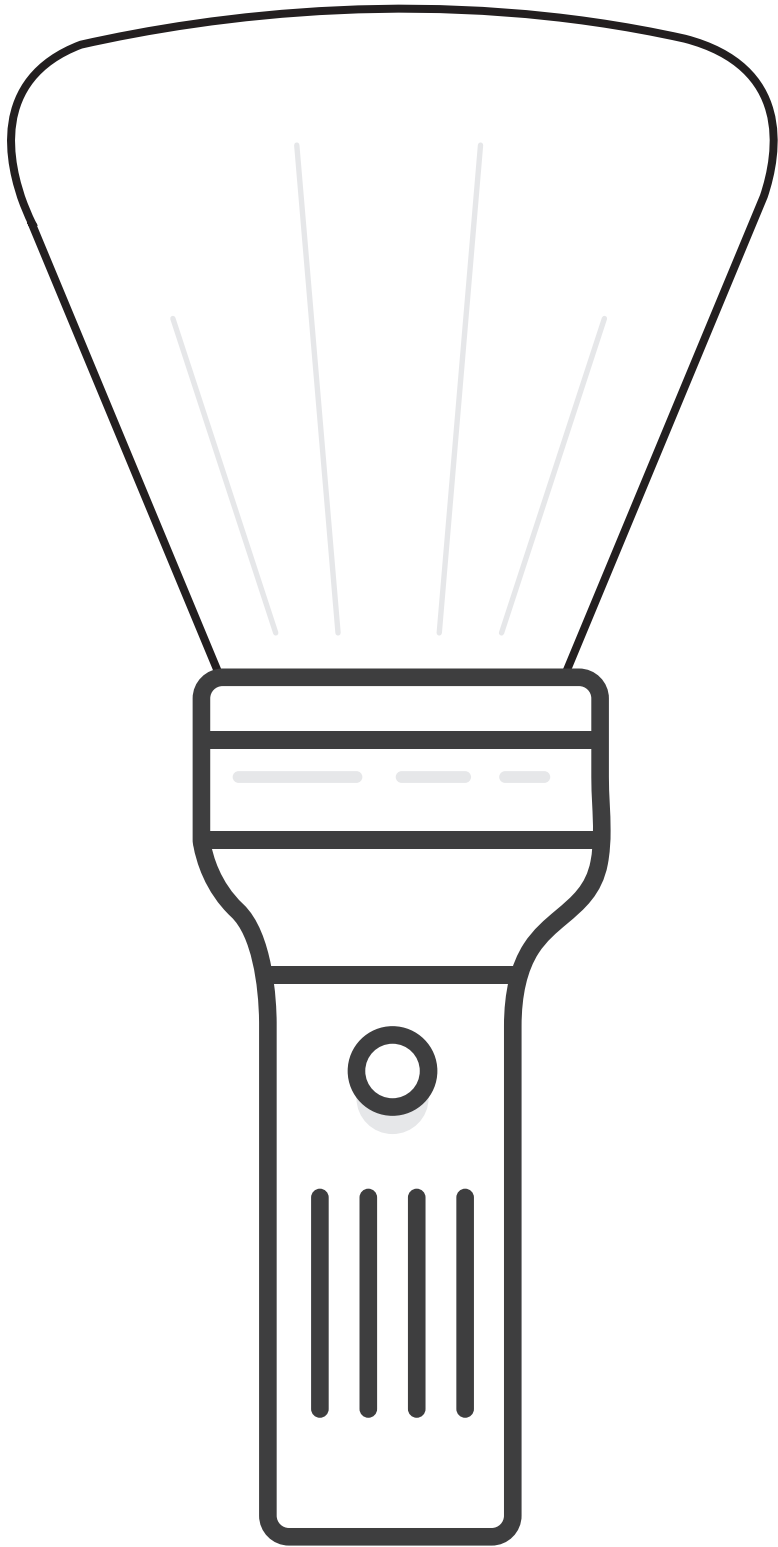
This is a very caring way to pray with your family. There is something special about when you gather around a loved one and pray for them. We are created for relationship with God and relationships with other people, so when we pray in this way, we are truly connecting with one another.

When you are praying for each other, it is always good to start with thanking God for the person's unique gifts and talents. This is a good way to call out the great things that you see in each other.



IN YOUR BOX: YOU WILL FIND A COUPLE OF STICKY HANDS, USE THEM AS A FAMILY TO PRAY AROUND THE TABLE.

COLOR ME!



day three

WEDNESDAY!

Bright idea

I AM A **LIGHT**
SO I CAN **MAKE THINGS RIGHT**

Bible Story

THEN PETER CAME TO JESUS AND ASKED, "LORD, HOW MANY TIMES SHALL I FORGIVE MY BROTHER OR SISTER WHO SINS AGAINST ME? UP TO SEVEN TIMES?" JESUS ANSWERED, "I TELL YOU, NOT SEVEN TIMES, BUT SEVENTY-SEVEN TIMES. "THEREFORE, THE KINGDOM OF HEAVEN IS LIKE A KING WHO WANTED TO SETTLE ACCOUNTS WITH HIS SERVANTS. 24 AS HE BEGAN THE SETTLEMENT, A MAN WHO OWED HIM TEN THOUSAND BAGS OF GOLD[H] WAS BROUGHT TO HIM. 25 SINCE HE WAS NOT ABLE TO PAY, THE MASTER ORDERED THAT HE AND HIS WIFE AND HIS CHILDREN AND ALL THAT HE HAD BE SOLD TO REPAY THE DEBT. "AT THIS THE SERVANT FELL ON HIS KNEES BEFORE HIM. 'BE PATIENT WITH ME,' HE BEGGED, 'AND I WILL PAY BACK EVERYTHING.' 27 THE SERVANT'S MASTER TOOK PITY ON HIM, CANCELED THE DEBT AND LET HIM GO. "BUT WHEN THAT SERVANT WENT OUT, HE FOUND ONE OF HIS FELLOW SERVANTS WHO OWED HIM A HUNDRED SILVER COINS. HE GRABBED HIM AND BEGAN TO CHOKER HIM. 'PAY BACK WHAT YOU OWE ME!' HE DEMANDED. "HIS FELLOW SERVANT FELL TO HIS KNEES AND BEGGED HIM, 'BE PATIENT WITH ME, AND I WILL PAY IT BACK.' "BUT HE REFUSED. INSTEAD, HE WENT OFF AND HAD THE MAN THROWN INTO PRISON UNTIL HE COULD PAY THE DEBT. 31 WHEN THE OTHER SERVANTS SAW WHAT HAD HAPPENED, THEY WERE OUTRAGED AND WENT AND TOLD THEIR MASTER EVERYTHING THAT HAD HAPPENED. "THEN THE MASTER CALLED THE SERVANT IN. 'YOU WICKED SERVANT,' HE SAID, 'I CANCELED ALL THAT DEBT OF YOURS BECAUSE YOU BEGGED ME TO. 33 SHOULDN'T YOU HAVE HAD MERCY ON YOUR FELLOW SERVANT JUST AS I HAD ON YOU?' IN ANGER HIS MASTER HANDED HIM OVER TO THE JAILERS TO BE TORTURED, UNTIL HE SHOULD PAY BACK ALL HE OWED. "THIS IS HOW MY HEAVENLY FATHER WILL TREAT EACH OF YOU UNLESS YOU FORGIVE YOUR BROTHER OR SISTER FROM YOUR HEART."

MATTHEW 18:21-35

Bottom Line:

WHEN WE FORGIVE OTHERS - WE SHINE!

Song of the day:

EVERY BEAT

ACTIVITIES!!!

for today

AROUND-TOWN ADVENTURE

PAGE

Text + Clue Scavenger Hunt

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HANDS-ON ACTIVITIES

Light + Shadow Drawings (craft)

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Shadow Friends (craft)

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Forgive + Forgive S'more (recipe)

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Invisible Message (science)

45

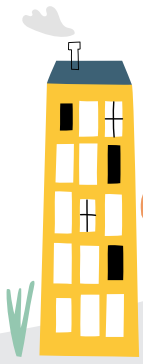
AT HOME GAME

Sorry

46

Flashlight Tag

46



AROUND-TOWN ADVENTURE

TEXT + CLUE SCAVENGER HUNT

Today is going to be SO fun! You are going to use a phone (with adult permission) to get scavenger hunt clues via text message! When you decipher the clue, drive to that location and look for the Main Event sign with instructions on how to get your next clue. If you solve all the clues you'll end up in a place where you can be a part of making a difference in people's lives! (stop by between 1-4pm)

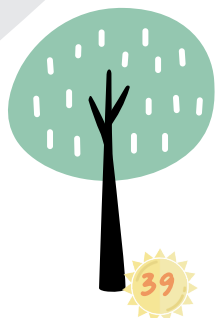
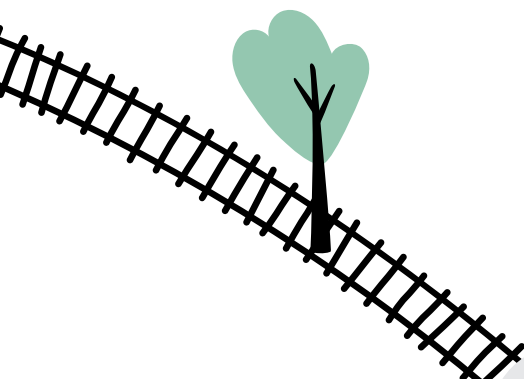
READY TO START YOUR ADVENTURE?

TEXT "321go" TO 805-979-2003

TO RECEIVE YOUR FIRST CLUE!

PRO TIP!

LISTEN TO OUR MAIN EVENT PLAYLIST ON SPOTIFY WHILE YOU'RE DRIVING AROUND TOWN!



LIGHT + SHADOW DRAWINGS

Find a shadow in your yard & lay down a piece of paper in its path.

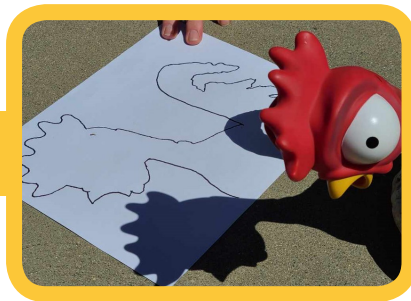


SUPPLIES:

- SEVERAL TOYS
- PAPER
- MARKERS OR CRAYONS

INSTRUCTIONS:

1. Take a walk and look for shadows. Find a couple of interesting shadows to trace. Look for tree branches, flowers, or any unique shadow designs.
2. Place your paper under the shadow and quickly trace it. It doesn't have to be exact or perfect, remember that wind may move the shadow as you try to trace it. Just do your best.
3. After you trace it, paint or color your shadow design.
4. It is easier to trace toys in the early morning or late afternoon.
5. Place the toys on the paper.



6. Using the marker, trace the outline of the shadows on the paper and then color your drawing.



NOTES

- Do the shadows stay the same? How do they change with time?
- Are the shadows larger, the same size or smaller than the toys?
- When you turn the toys, what happens to the shadows?

CONVERSATION SUGGESTIONS:

1. How is a shadow made? A shadow is what happens when something blocks the light.
2. We know that the light of Jesus shines through us when we do good things, but what happens when we make a bad choice?
3. How do our bad choices keep other people from seeing the love of Jesus in us?
4. When we are angry, and refuse to forgive, we are blocking the light of Jesus.
5. Jesus forgives us when we make bad choices. How can we forgive when other people make bad choices that hurt us?

SHADOW FRIENDS

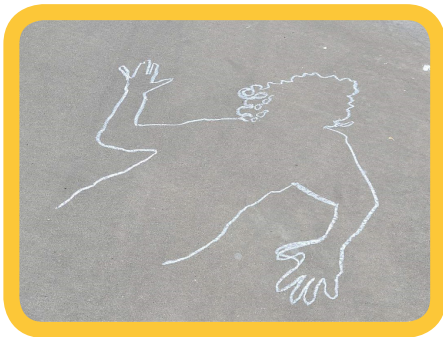
Shadow drawing is a perfect outdoor activity and the only things you need is a little sunshine, some sidewalk chalk, and a buddy!

WHAT TO DO:

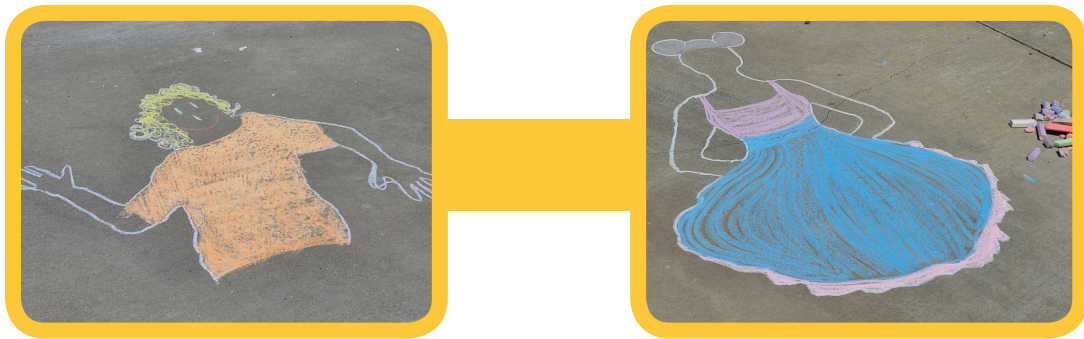
1. Start by finding the best angle so the shadows are visible and ready to trace.



2. Think about what pose you would like to make. But remember that it needs to be one you can hold for a few minutes while your buddy is tracing you.



3. Once your outline is drawn, color in your shadow.



CONVERSATION SUGGESTIONS:

1. How is a shadow made? A shadow is what happens when something blocks the light.
2. How do you think anger /unforgiveness blocks our light?
3. How does forgiveness show the love of Jesus?
4. When is a time when someone forgave you?
5. How does it feel to be forgiven?
6. Jesus told Peter to forgive 70 times seven. How hard do you think it would be to forgive over and over again?

FORGIVE + FORGIVE S'MORE

Be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

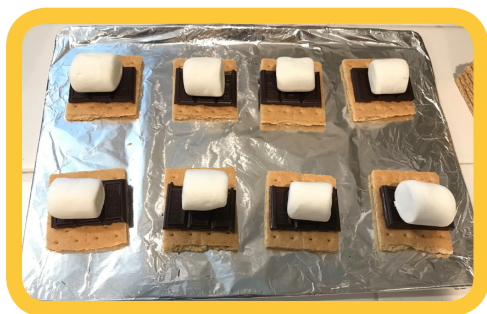
EPHESIANS 4:32

INGREDIENTS:

**8 REGULAR SIZE GRAHAM CRACKERS,
BROKEN IN 1 / 2**

**2 MILK CHOCOLATE BARS, THE KIND THAT CAN BE
BROKEN INTO SQUARES**

8 MARSHMALLOWS



INSTRUCTIONS:

1. Preheat oven to 400 degrees
2. Break each graham cracker in half. Place 1/2 of the graham crackers on a cookie sheet.
3. Place a square of chocolate on each cracker, and top each with a marshmallow.
4. Bake until the marshmallows are puffed and golden brown, about 3 to 5 minutes.
5. Remove from the oven and top with the remaining graham crackers.
6. Pressing down slightly to make a sandwich. Serve immediately, while still warm.

CONVERSATION SUGGESTIONS:

1. Jesus taught us to forgive others. Is it easy to forgive?
2. When has someone forgiven you? How does it feel to be forgiven?
3. In today's story, Jesus taught Peter to forgive 70 x 7. That means to forgive and forgive again and keep on forgiving.
4. How can our snack remind us to keep on forgiving?

INVISIBLE MESSAGE

SCIENCE EXPERIMENT

SUPPLIES:

LEMON

WATER

Q-TIP

WHITE PAPER

INSTRUCTIONS:

- Squeeze the juice of half of a lemon into a bowl.
- Add a few drops of water. Stir the juice and water with a spoon.
- **Dip a cotton swab into the lemon juice mixture and write a message on a piece of white paper** - This message can be something you did that you want to be forgiven for, either by God or someone you offended.
- **Allow the invisible ink to dry.** As the ink dries, your message will disappear. The disappearing of your offense is like being forgiven – it goes away. When we forgive, we should allow the offense to remain invisible, but sometimes when we get angry, we bring it up again. But God will never do that.
- **Hold the paper that contains your invisible ink message over a light bulb.** Keep the paper near the bulb until the message reappears. The heat of the bulb represents our anger at the one who offended us. If we get angry, we will reveal the offense once again and no longer forgive the one who hurt us. But we should be forgiving of others and not bring up their offenses again, just as God has forgiven us..

FLASHLIGHT TAG

AT HOME GAME TO PLAY

Like the original version of Tag, the game is to evade the tag of the player who is designated "It". The only catch is that this game is played at night and being tagged means getting lit up by a flashlight. ... Armed with only a flashlight, the "It" heads into the dark in search of the hidden players.

SORRY!

AT HOME GAME TO PLAY

If you have the board game "Sorry!", today would be a great day to play it and practice forgiving your friends and family for knocking you back to your home!

If you don't have Sorry, you can download this app for free on your phone and play a game called "Ludo" that is very similar. Scan the QR code to get it.



MORE TO DIVE INTO!

Remember our Memory Verse of the week is: Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven. Matthew 5: 16

Today's Bright Idea is:

I AM A LIGHT – SO I CAN MAKE THINGS RIGHT!

HAVE YOU EVER THOUGHT ?????

Sometimes the things we do hurt other people. Maybe you got mad and said something mean to your friend. Or maybe you made fun of someone and laughed at them. When we hurt other people, they feel bad, plus we end up feeling bad about ourselves, because deep down we know we have done something wrong.

And the only thing that really makes us feel better again is when we are forgiven. But how do you feel when someone hurts you? Does it make you angry? Do you feel like hurting them back? Or do you want to make things right with them and tell them they are forgiven? Peter asked Jesus how many times he had to forgive someone who hurts him. He probably thought he was doing good to forgive someone seven times, (you know 6 times more than once)!

But Jesus said he had to forgive a lot more than that. Jesus wants us to be willing to forgive others just as many times as God has forgiven us. I bet there would be thousands of times in our lives that God has forgiven us. When you've been hurt by someone, you have the power to make them feel good about themselves again, and show them how Jesus has forgiven us, again and again. And when you forgive them, don't just say the words and keep being mad inside. Ask God to help you really forgive and forget what was done, just like Jesus has done for us.

GOING DEEPER:

(OPTIONAL-DESIGNED FOR OLDER KIDS)

Ok so the Bible says we should forgive others. But what if they don't deserve to be forgiven? What if you think it just isn't fair that you have to forgive someone who was wrong?

1 THESSALONIANS 5:15 SEE THAT NO ONE PAYS BACK EVIL FOR EVIL, BUT ALWAYS TRY TO DO GOOD TO EACH OTHER AND TO ALL PEOPLE.

Did you know Jesus forgave people when it wasn't fair? Even when He was dying on the cross, He prayed and asked God to forgive the people who put Him there! The only way we can really forgive is when Jesus changes us to be more like Him.

COLOSSIANS 3:13 DON'T BE ANGRY WITH EACH OTHER, BUT FORGIVE EACH OTHER. IF YOU FEEL SOMEONE HAS WRONGED YOU, FORGIVE THEM. FORGIVE OTHERS BECAUSE THE LORD FORGAVE YOU.

Paul's letter to the Colossian church said they were being changed and becoming more like Jesus, and so are we. So, let's remember how Jesus has forgiven us for our sins, and let's be like Jesus, willing to forgive others even when it isn't fair.

So, let's make sure we don't forget that when we forgive others, we shine.

REMEMBER
I AM A LIGHT SO I CAN MAKE THINGS RIGHT!

WEDNESDAY

FAMILY PRAYER PRACTICES

WATCH THE WEDNESDAY FAMILY PRAYER VIDEO AS A FAMILY AND PRAY TOGETHER. TODAY YOU ARE GOING TO BE INTRODUCED TO PRAYERS FOR OTHERS USING THE POPCORN PRAYER METHOD OF PRAYING FOR WHATEVER "POPS UP":

For today, you will find a bag of microwavable popcorn attached to a Ziplock bag with some slips of paper. The popcorn is just a fun treat to enjoy with your family because you will be learning how to popcorn pray, a fun way of praying for whatever "pops up".

Now for the Ziplock bag, we want you to take out the slips of paper and as a family start to fill them in with names of:

FAMILY MEMBERS / FRIENDS / TEACHERS / COACHES / TEAMMATES / ETC.

You can then put them back into the Ziplock bag or even better use a jar if you want to create a keepsake like a Prayer Jar. With this Prayer Practice, everyone picks a slip of paper out of the bag (or jar) and that is who they will pray for.

Each time you will pray for whatever "pops up" and then you can put the slips of paper back in the bag/jar for next time. This way of praying together creates a safe way for everyone in the family to start praying out loud with each other and to pray with short prayers for one thing at a time.

IN YOUR BOX: YOU WILL FIND A BAG OF MICROWAVE POPCORN AND A ZIPLOCK BAG WITH SOME SLIPS OF PAPER.

COLOR ME!



day four

THURSDAY!

Bright idea

**I AM A LIGHT
TO HELP OTHERS SHINE BRIGHT**

Bible Story

SO ISAAC MOVED AWAY TO THE GERAR VALLEY, WHERE HE SET UP THEIR TENTS AND SETTLED DOWN. HE REOPENED THE WELLS HIS FATHER HAD DUG, WHICH THE PHILISTINES HAD FILLED IN AFTER ABRAHAM'S DEATH. ISAAC ALSO RESTORED THE NAMES ABRAHAM HAD GIVEN THEM.

ISAAC'S SERVANTS ALSO DUG IN THE GERAR VALLEY AND DISCOVERED A WELL OF FRESH WATER. BUT THEN THE SHEPHERDS FROM GERAR CAME AND CLAIMED THE SPRING. "THIS IS OUR WATER," THEY SAID, AND THEY ARGUED OVER IT WITH ISAAC'S HERDSMEN. SO ISAAC NAMED THE WELL ESEK (WHICH MEANS "ARGUMENT"). ISAAC'S MEN THEN DUG ANOTHER WELL, BUT AGAIN THERE WAS A DISPUTE OVER IT. SO ISAAC NAMED IT SITNAH (WHICH MEANS "HOSTILITY"). ABANDONING THAT ONE, ISAAC MOVED ON AND DUG ANOTHER WELL. THIS TIME THERE WAS NO DISPUTE OVER IT, SO ISAAC NAMED THE PLACE REHOBOTH (WHICH MEANS "OPEN SPACE"), FOR HE SAID, "AT LAST THE LORD HAS CREATED ENOUGH SPACE FOR US TO PROSPER IN THIS LAND."

GENESIS 26:17-22

Bottom Line:

WHEN WE PUT OTHERS FIRST - WE SHINE!

Song of the day:

GOTTA LIVE

ACTIVITIES!!!

for today

AROUND-TOWN ADVENTURE

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Local Business Sticker Hunt II

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HANDS-ON ACTIVITIES

Tissue Paper Lantern (craft)

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Popsicle Stick Lantern (craft)

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Paper Lantern to Share (craft)

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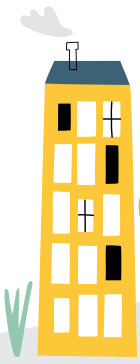
Isaac's Water Well (recipe)

60

AT HOME GAME

Spot the Difference

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AROUND-TOWN ADVENTURE

LOCAL BUSINESS STICKER HUNT II

3 possible stops today - 2 restaurants and 1 business will have stickers to pass out - stop in and buy a treat or maybe order dinner for the whole family. Collect one or all 3 different lantern stickers for the day. Don't forget your masks when you go inside.

RESTAURANTS:

Find the Main Event Poster stand and use the hand sanitizer, then grab a sticker at these 2 local restaurants - You don't need to buy anything to get the stickers - but if you would like to order something, I'm sure they would appreciate the business.

- **BURGER KING** 1773 W Grand Ave, Grover Beach, CA 93433
Come inside for a free dessert + coupon!
Hours: 1pm-4pm
- **RED BEE COFFEE** 278 W Grand Ave, Grover Beach, CA 93433
Treat yourself! Come in from 1-4pm and ask for the "Light it Up Special!"
Hours: 6:30am-4pm

PLACE
STICKER
HERE

PLACE
STICKER
HERE

PLACE
STICKER
HERE

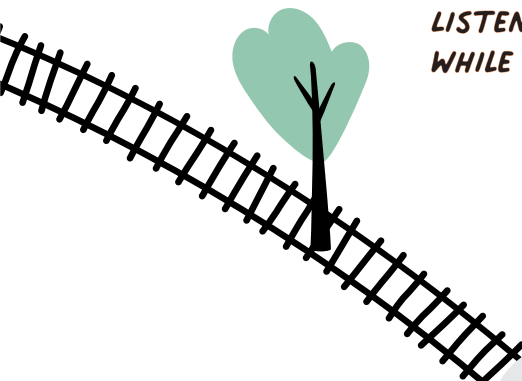
BUSINESSES:

Find the Main Event Poster stand and use the hand sanitizer, then grab a sticker at these 2 local businesses

- **NEW LIFE PRESCHOOL** 990 James Way, Pismo Beach, CA 93449
Give Miss Courtney an air hug when you stop by the office to get your sticker!
Hours open: 9am-4pm

PRO TIP!

LISTEN TO OUR MAIN EVENT PLAYLIST ON SPOTIFY WHILE YOU'RE DRIVING AROUND TOWN!



TISSUE PAPER LANTERN

SUPPLIES:

- COLORFUL TISSUE PAPER
- BATTERY OPERATED TEA LIGHT OR SMALL FLASHLIGHT
- WHITE GLUE
- PAINTBRUSH
- STURDY SCISSORS TO CUT THE TOP OFF THE BOTTLES
- HOLE PUNCH
- YARN
- EMPTY AND CLEAN 2-LITER BOTTLE



INSTRUCTIONS:

1. Wash the 2-liter bottle and cut off the tapered top.
2. Cut the tissue paper into desired shapes and apply it to the dry bottles using glue on a paintbrush.



3. Punch holes into the upper lip of the cut bottles and string the yarn through the holes.

4. Set the light inside, hang or hold the lantern, and enjoy its beauty!



CONVERSATION SUGGESTIONS:

1. When we treat others with love we glorify God who loves us.
2. What do you think it means to glorify God?
3. It's easy to want the biggest and best for ourselves, and it's hard to let someone else play with your favorite game, or take the first turn, or have the biggest cookie.
4. How does it make you feel when someone gives you the first choice, or gives you the biggest cookie?
5. How does putting others first let them know that we care for them?
6. How does caring for others show the light of Jesus' love?

WHEN WE PUT OTHERS FIRST - WE SHINE!

POPSICLE STICK LANTERNS

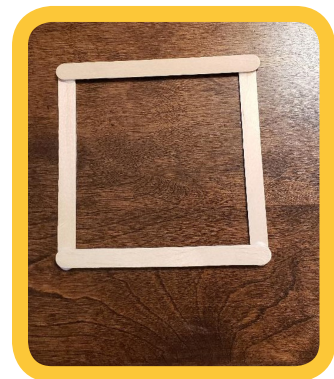


SUPPLIES:

- 16 POPSICLE CRAFT STICKS
- TRACING PAPER
- COLOR MARKERS
- FOAM BOARD SQUARE
- GLUE
- TAPE
- PENCIL
- LED TEA LIGHT CANDLE

INSTRUCTIONS:

1. Glue four craft sticks together to make the sides of the lantern. Make 4 squares like this.
2. Paint or color the sticks once they are dry.
3. Cut 4 square pieces of tracing paper the same size as the craft stick squares.
4. Trace and color a pattern or color your own design on the tracing papers.
5. Glue the tracing papers to the wood stick squares.



6. Tape the sides around the foam board square and to each other. (This is the bottom of your lantern.)



7. Place an LED tea light candle inside.



CONVERSATION SUGGESTIONS:

1. What do you think it means to put others first?
2. The Bible tells us that Isaac chose to dig a new well instead of arguing with his neighbors. How was that putting others first?
3. Was it easy for Isaac to let his neighbors have the well that he dug?
4. Sometimes it's much harder to walk away from a fight than to stay and argue. Do you think Isaac's actions showed that he was strong or weak?
5. Tell me one way you can put others first?
6. The light of Jesus shines through you when you put others first.

WHEN WE PUT OTHERS FIRST - WE SHINE!

PAPER LANTERNS TO SHARE

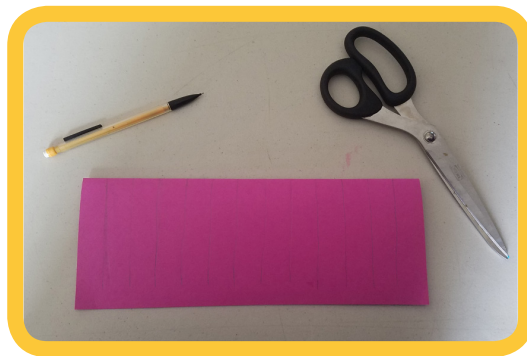
SUPPLIES:

- TWO SHEETS OF COLORED PAPER
- SCISSORS
- HOLE PUNCH
- PENCIL
- STAPLER OR TAPE

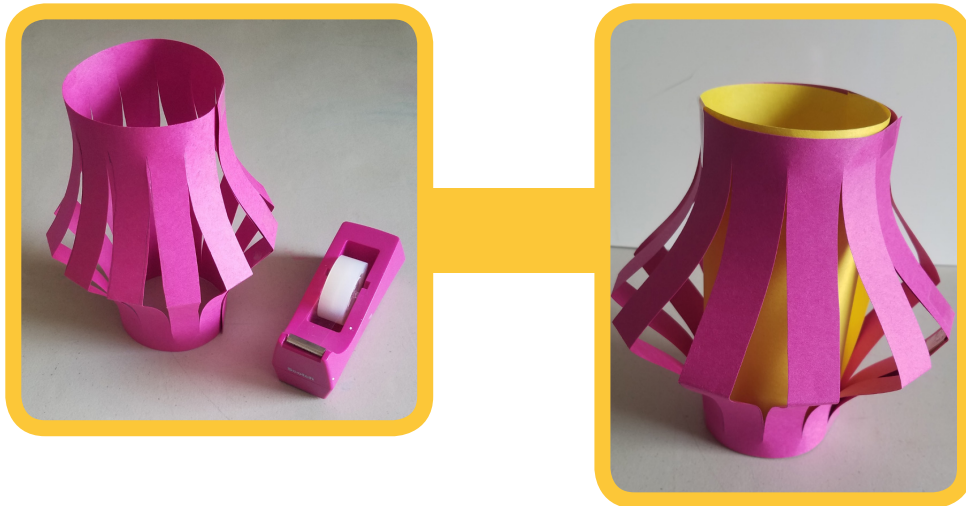


INSTRUCTIONS:

1. Begin by cutting two strips down the long side of one of the sheets, and set them aside.
2. Next, fold the second sheet of paper in half to form a long and skinny rectangle, as shown.



3. Draw pencil marks as a guide as shown, and invite the kiddos over to cut along the lines with scissors. Be sure not to cut all the way to the edge of the paper, leaving about an inch at the end.



4. Roll it to connect both of the ends. Staple or tape into place as shown.
5. Roll up the first sheet of paper and insert it into the lantern. Staple or tape it into place.
6. Write a special message to a friend on the strips of paper you first cut off. Staple or tape these around the top or bottom of the lantern (You are special to me, God loves you, You make me smile, etc.)
7. Punch a hole on each side of the lantern and tie a piece of yarn for hanging
8. Deliver your paper lantern to a friend or neighbor, and remind them of God's love.

CONVERSATION SUGGESTIONS:

1. When we put others first, we shine the light of Jesus.
2. Can you name a way that we can put someone else first?
3. Sharing is one way of putting others first. Sharing shows that we care.
4. We are making paper lanterns to share. Who will you share your lantern with?
5. What would be a good message to put on the lantern?
6. What is another way to show someone that you care?

ISAAC WATER WELL SNACK

INGREDIENTS:

- 3 TABLESPOONS BUTTER
- 1 PACKAGE (10 OZ., ABOUT 40) JET-PUFFED MARSHMALLOWS OR 4 CUPS JET-PUFFED MINIATURE MARSHMALLOWS
- 6 CUPS KELLOGG'S® RICE KRISPIES® CEREAL
- BLUE SPRINKLES OR FRESH BLUEBERRIES



INSTRUCTIONS:

1. In large saucepan melt butter over low heat. Add marshmallows and stir until completely melted. Remove from heat.
2. Add KELLOGG'S RICE KRISPIES cereal. Stir until well coated.
3. Using buttered hands or spoon, make a ball of mixture and place in muffin pan coated with cooking spray.
4. Immediately press your thumb into the center of each ball, making a well.
5. Pour blue sprinkles or blueberries into each well.
6. Let Cool. Best if served the same day.

MICROWAVE DIRECTIONS

In microwave-safe bowl heat butter and marshmallows on HIGH for 3 minutes, stirring after 2 minutes. Stir until smooth. Follow steps 2 and 3 above. Microwave cooking times may vary.

NOTES

- For best results, use fresh marshmallows.
- 1 jar (7 oz.) marshmallow crème can be substituted for marshmallows.
- Diet, reduced calorie, or tub margarine is not recommended.

CONVERSATION SUGGESTIONS:

1. Isaac's sheep needed water, so he dug deep into the ground to make a well. We're going to make our snack look like wells today.
2. What happened when Isaac dug the well?
3. Why did the neighbors argue about the well?
4. How would you feel if someone tried to take something you made?
5. Do you think it was easy for Isaac to forgive?
6. Tell me about a time when it wasn't easy for you to forgive.

SPOT THE DIFFERENCE

AT HOME GAME TO PLAY

This activity can be done anywhere: Indoors, outdoors, or anywhere really!

HOW IT HELPS:

Games are a great way to teach children about winning and even losing and what it means to be humble both in winning and losing.

MATERIALS:

Choose twenty or more items that children can identify, (or less depending upon the age of the children) to be placed in a specific area of a room or on a table.

NUMBER OF PLAYERS: At least 2.

TIME REQUIRED: 15 minutes

INSTRUCTIONS:

- Invite the players into the game and allow them to take some time to study the area, (the time allotted is dependent upon the number of players, and their ages).
- Give them enough time to examine the items, but not enough time to memorize them.
- Assign someone to remove one object with the lights off or have the players leave the room.
- Let the players see if they can tell what item has been removed.
- The winner is the one who can identify the most items removed.

TIPS FOR PARENTS:

Allow children time to switch roles so that they can choose the items and lead the game. Also, be cautious in choosing items that could be potential choking hazards if young children are participating.

MORE TO DIVE INTO!

Remember our Memory Verse of the week is: Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven. Matthew 5: 16

Today's Bright Idea is:

I AM A LIGHT – TO HELP OTHERS SHINE BRIGHT!

HAVE YOU EVER THOUGHT ?????

What is something you are very good at? It feels really good when we do something well; like playing a sport or art or playing an instrument or even doing your schoolwork. But sometimes the thing we are good at, isn't so easy for others. Maybe you are great at math, but your friend really struggles. Or you are the best player on your basketball team, but your brother never makes his shots.

If we only think about ourselves and showing off how good we are, then we aren't being humble. But Jesus doesn't want us to be selfish, He wants us to help others look good. Let's say you are on a basketball team with someone who isn't as good as you are, so they never get the ball. If you have a choice to take a shot or pass the ball, you could pass to them and help make them look good.

But why would you do that? It is because we are thinking about what that other kid needs even before we think about what we want for ourselves. Can you think of some other things you can do to make someone else look good? Can you think of a few things you could do to make someone else feel good?

GOING DEEPER:

(OPTIONAL-DESIGNED FOR OLDER KIDS)

There are many verses in the Bible that teach us to be humble. They remind us that Jesus himself lived a humble life; born in a manger, walking place to place, eating with unpopular people. In today's bible story Isaac didn't want to go dig another well, but he chose peace with his neighbors rather than insisting on what was fair. Even if we agree we should be humble, it can actually be a hard thing to do. We naturally tend to do what is best for us and don't usually think about doing something because it is good for somebody else. But look at what the Apostle Paul tells the Philippians.

PHILIPPIANS 2:3-4 DON'T BE SELFISH; DON'T TRY TO IMPRESS OTHERS. BE HUMBLE, THINKING OF OTHERS AS BETTER THAN YOURSELVES. DON'T LOOK OUT ONLY FOR YOUR OWN INTERESTS, BUT TAKE AN INTEREST IN OTHERS, TOO.

What is one way you can consider others ahead of yourself? Make it your challenge this week to think about the needs of others first and find ways to make them look good.

So, let's make sure we don't forget that when we put others first, we shine.

REMEMBER
I AM A LIGHT TO HELP OTHERS SHINE BRIGHT!

THURSDAY

FAMILY PRAYER PRACTICES

WATCH THE THURSDAY FAMILY PRAYER VIDEO AS A FAMILY AND PRAY TOGETHER. TODAY YOU ARE GOING TO BE INTRODUCED TO PRAYERS FOR EVERY NATION USING A MAP OR GLOBE:

For today, you will find a folded-up map in your box. You can also use a globe if you have one of those in your house. With this "Prayers for every nation Prayer Practice," you pick a different country each time to pray over.

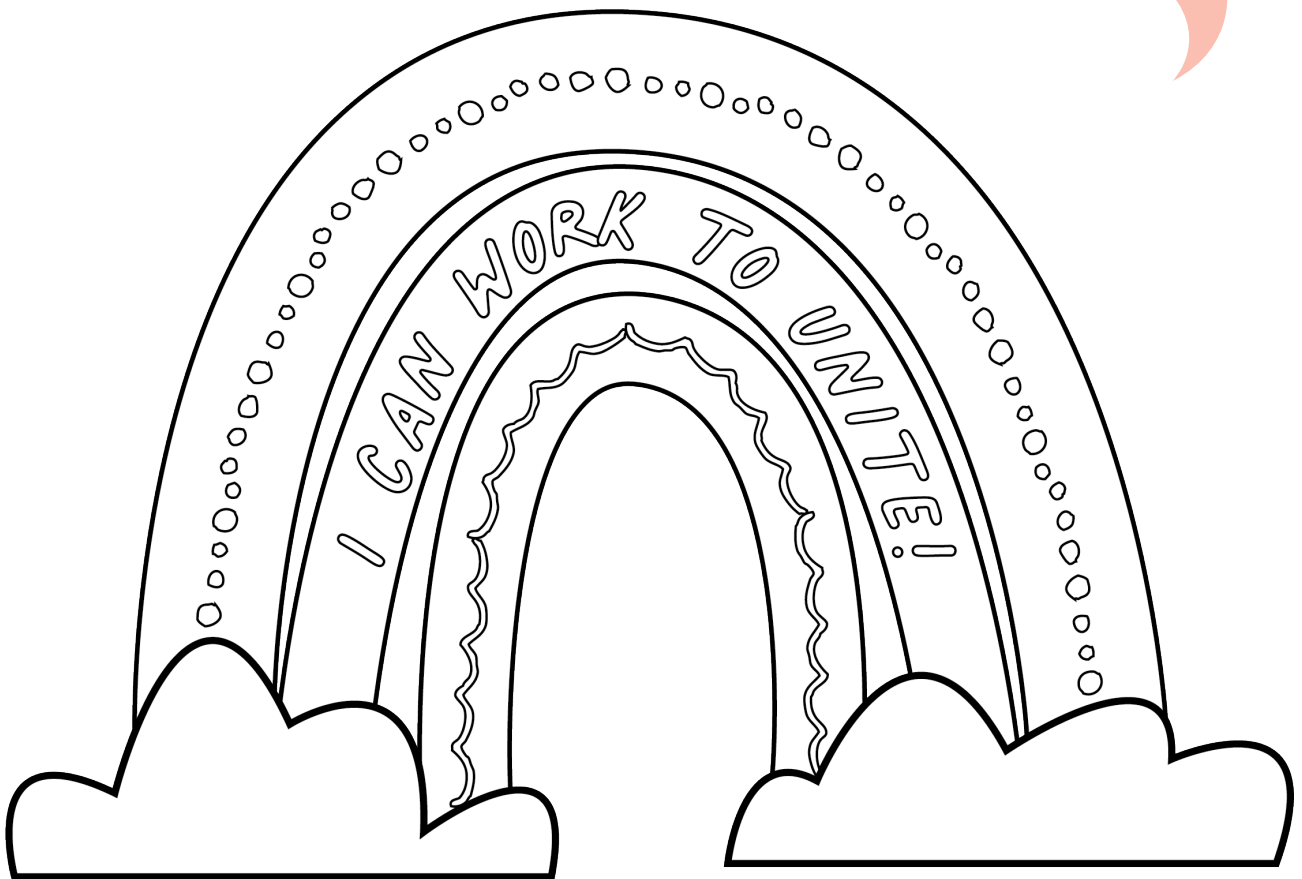
When using the globe, you can simply just spin the globe and use your finger to stop the spinning globe and wherever your finger lands...that is the country you pray for. If you are using the map, all the countries are numbered so you can just choose a number to pick a country and help the kids even find it on the map.

After you select a country, your family can begin to pray for the people and the leaders of that country.

Pray that God can be known and loved by every home in that country. Pray for the local churches in those countries and the missionaries in those countries to be able to share the love of God with as many people as they can.

IN YOUR BOX: YOU WILL FIND A MAP OF THE WORLD TO USE FOR PRAYING FOR DIFFERENT NATIONS.

COLOR ME!





day five

FRIDAY!

Bright idea

**I AM A LIGHT
SO I SHOULD WORK TO UNITE!**

Bible Story

A FEW DAYS LATER, WHEN JESUS AGAIN ENTERED CAPERNAUM, THE PEOPLE HEARD THAT HE HAD COME HOME. THEY GATHERED IN SUCH LARGE NUMBERS THAT THERE WAS NO ROOM LEFT, NOT EVEN OUTSIDE THE DOOR, AND HE PREACHED THE WORD TO THEM. SOME MEN CAME, BRINGING TO HIM A PARALYZED MAN, CARRIED BY FOUR OF THEM. SINCE THEY COULD NOT GET HIM TO JESUS BECAUSE OF THE CROWD, THEY MADE AN OPENING IN THE ROOF ABOVE JESUS BY DIGGING THROUGH IT AND THEN LOWERED THE MAT THE MAN WAS LYING ON. WHEN JESUS SAW THEIR FAITH, HE SAID TO THE PARALYZED MAN, "SON, YOUR SINS ARE FORGIVEN."

NOW SOME TEACHERS OF THE LAW WERE SITTING THERE, THINKING TO THEMSELVES, "WHY DOES THIS FELLOW TALK LIKE THAT? HE'S BLASPHEMING! WHO CAN FORGIVE SINS BUT GOD ALONE?"

IMMEDIATELY JESUS KNEW IN HIS SPIRIT THAT THIS WAS WHAT THEY WERE THINKING IN THEIR HEARTS, AND HE SAID TO THEM, "WHY ARE YOU THINKING THESE THINGS? WHICH IS EASIER: TO SAY TO THIS PARALYZED MAN, 'YOUR SINS ARE FORGIVEN,' OR TO SAY, 'GET UP, TAKE YOUR MAT AND WALK'? BUT I WANT YOU TO KNOW THAT THE SON OF MAN HAS AUTHORITY ON EARTH TO FORGIVE SINS." SO HE SAID TO THE MAN, "I TELL YOU, GET UP, TAKE YOUR MAT AND GO HOME." HE GOT UP, TOOK HIS MAT AND WALKED OUT IN FULL VIEW OF THEM ALL. THIS AMAZED EVERYONE AND THEY PRAISED GOD, SAYING, "WE HAVE NEVER SEEN ANYTHING LIKE THIS!"

MARK 2: 1-12

Bottom Line:

WHEN WE GO THE EXTRA MILE - WE SHINE!

Song of the day:

WE CAME TO MEET YOU

ACTIVITIES!!!

for today

AROUND-TOWN ADVENTURE

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+ Main Event Closing Celebration

HANDS-ON ACTIVITIES

Homemade Spectroscope (craft/science)

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Grow a Rainbow (science)

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Make Your Own Rainbow (craft)

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Rainbow Fruit Kabobs (recipe)

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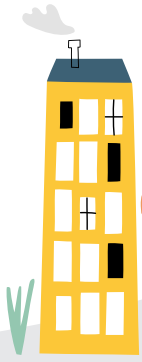
Friends Stick Together Experiment (science)

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AT HOME GAME

Friendship Obstacle Course

77



AROUND-TOWN ADVENTURE

TEXT + CLUE SCAVENGER HUNT II

Be sure to wear your Light it Up T-shirt today! We are going to have so much fun!! You are going to use a phone (with adult permission) to get scavenger hunt clues via text message! When you decipher the clue, drive to that location and look for the Main Event sign with instructions on how to get your next clue. If you solve all the clues you'll end up at our Main Event Closing Celebration with some fun surprises! (1-4pm)

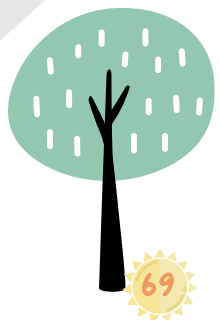
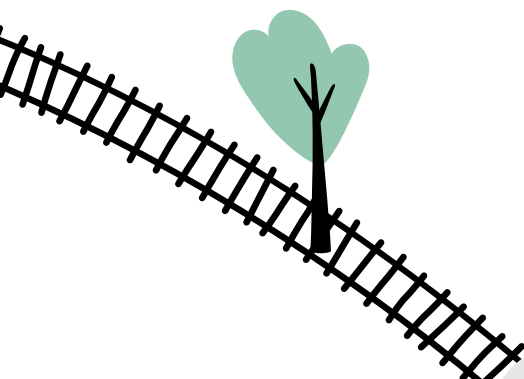
READY TO START YOUR ADVENTURE?

TEXT "123go" TO 805-979-2003

TO RECEIVE YOUR FIRST CLUE!

PRO TIP!

LISTEN TO OUR MAIN EVENT PLAYLIST ON SPOTIFY WHILE YOU'RE DRIVING AROUND TOWN!



HOMEMADE SPECTROSCOPE

BUGGYANDBUDDY.COM

Make a **homemade spectroscope** with a few simple materials and explore the spectrum of different light sources. You'll see all kinds of rainbows!

Light experiments are always fun, especially when they involve rainbows! In this science activity, kids will make their own spectroscope - an instrument used to split light into different wavelengths, which we see as different colors of the rainbow.

SUPPLIES:

EMPTY PAPER TOWEL ROLL

CRAFT KNIFE AND / OR SCISSORS

BLANK OR OLD CD

PENCIL

SMALL PIECE OF CARDBOARD OR CARDSTOCK

TAPE

PAINT, CRAYONS, OR MARKERS

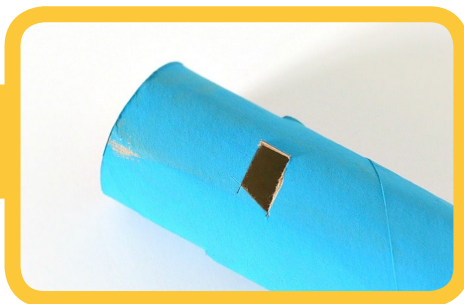
INSTRUCTIONS:



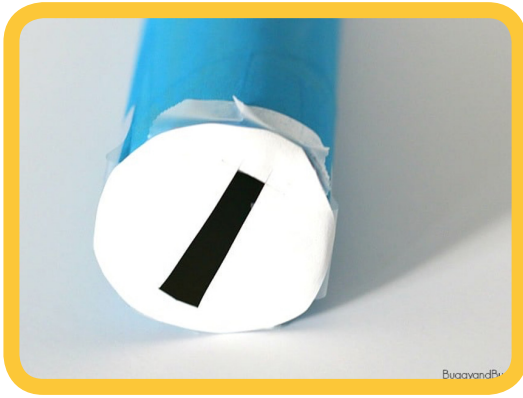
1. If you'll be painting your paper towel roll, you'll want to do that first and let it dry. (This step isn't necessary, but it's hard for us to pass up an opportunity to paint something!)

2. Use a craft knife (an adult should do this) to cut a thin slit at a 45° angle toward the bottom of the cardboard tube.

3. Directly across from the slit, make a small peephole or viewing hole using your craft knife (another step for an adult).



4. Trace one end of your paper towel roll onto your small scrap of cardboard or cardstock. Cut it out.



5. Cut a straight slit right across the center of your cardboard circle.

6. Tape the circle to the top of your spectroscope.

7. Insert the CD into your 45° angled slit with the shiny side facing up.

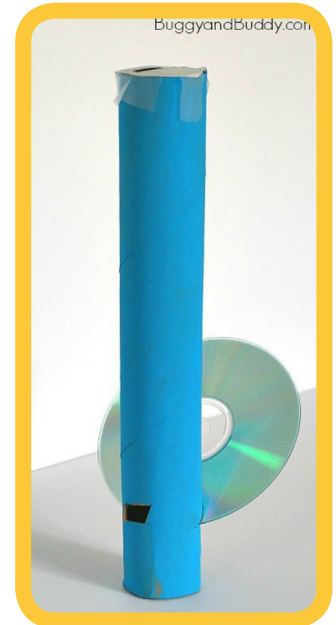
USING THE HOMEMADE SPECTROSCOPE

Start by taking your spectroscope outside. Point the top slit up at the sky (NOT directly at the sun). Look through the peephole. You will see a rainbow inside!

Now try your spectroscope with other light sources like fluorescent light, neon light, and candlelight. Compare what you see!

WHAT'S GOING ON?

A CD is a mirrored surface with spiral tracks or pits. These tracks are evenly spaced and diffract light (separating the colors). Because the CD's surface is mirrored, the light is reflected to your eye.



CONVERSATION SUGGESTIONS:

1. There is more than one way to see a rainbow. You might see a rainbow without water, but you'll never see a rainbow without light.
2. Jesus is the light that makes us shine.
3. What happens when the light is blocked?
4. What 2 things are working together here to make a rainbow?
5. What happens when people work together to shine the light of Jesus?
6. The 4 men in the story believed that Jesus could make their friend well. How did the 4 men shine their light?

GROW A RAINBOW

THEBESTIDEASFORKIDS.COM

SUPPLIES:

PAPER TOWEL
WASHABLE MARKERS
WATER
2 SMALL GLASSES



TIPS

- You need an absorbent paper towel or napkin
- You must use washable markers - NOT permanent
- Do not place the end of the paper towel too deep into the water or the dye will dissolve into the water instead of traveling up the paper towel
- The shorter the paper towel – the better it works as there is less for the marker dye to have to travel across
- Add lots of marker to the ends. You need lots of dye for it to travel upwards.



INSTRUCTIONS:

1. Fold over a piece of paper towel (so you have 2 pieces on top of each other). Trim the length to be 7.5 inches (any longer and the rainbow may not connect fully).

TIP: The shorter your piece of paper towel, the better it will connect. Also, make sure you are using an absorbent paper towel. We used Bounty.

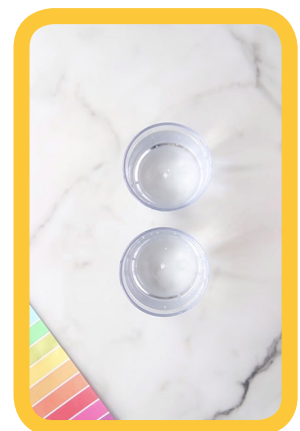


2. Draw rectangles of the rainbow colors on each end. You want to make sure to fill these colors in well so there is enough dye to travel across the paper towel.

TIP: Add lots of ink to the ends, you want a good amount of dye to travel up the paper towel.



3. Place 2 cups with water filled 3/4 full. You only want the bottom of the paper towel in, so leave some space from the top of the cup. Then place the paper towel into the cups, with one end in each cup.





TIP: Do not place the ends too deep in the water or the dye may dissolve into the water instead of moving up the paper towel.

4. The washable marker dye will slowly make its way up to meet the other side in the center of the paper towel.

5. Leave the paper towel for 10-15 minutes and it will eventually connect the colors together.



Expand on the learning by testing with permanent markers or just water to see what happens in those scenarios.

WHAT IS THE SCIENCE BEHIND THIS EXPERIMENT?

This science experiment is a great example of chromatography. Chromatography is a way of separating out a mixture of chemicals. If you ever got a paper with ink wet you would have seen the ink move across the paper in streaks.

Capillary action makes the marker dye move up the paper towel. The water moves upward through the paper towel, lifting the washable dye molecules with it. Because the washable markers are water-based, they disperse in water.

Set up a few different scenarios and hypotheses. For example, if you were to try this experiment without any dye, you would still see the water rising upwards towards the center of the paper towel.

If you were to try this experiment with permanent markers it would not work. This is because the markers are not water-based (they are alcohol-based) so the dye in the marker does not travel with the water. You can also show that permanent markers will disperse with rubbing alcohol but not with water.

CONVERSATION SUGGESTIONS:

1. Why isn't there a rainbow in the sky every day?
2. What does it take to make a rainbow in the sky?
3. There must be both sunshine and raindrops in order for us to see a rainbow in the sky. The sunshine and rain work together to make something beautiful.
4. We were made to shine--so we should shine together.
5. How did the water and the paper towel work together to make the rainbow?
6. How can you work together with others to shine the light of Jesus?

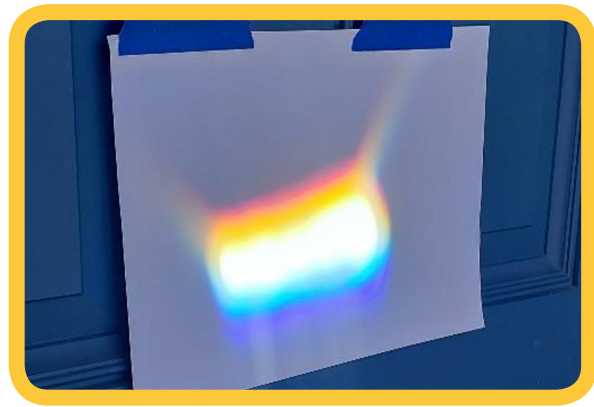
MAKE YOUR OWN RAINBOW

SUPPLIES:

A GLASS PAN OR JAR
A MIRROR THAT FITS IN THE PAN OR JAR
WATER
WHITE PAPER
TAPE
CRAYONS, MARKERS, OR WATERCOLORS

INSTRUCTIONS:

1. Pour the water into your glassware about half-way.
2. Put your mirror in the water.
3. Place it in a sunny spot.
4. Play with tilting the mirror until you see rainbows form on the wall. (You might have to wait until the water is still to get a solid rainbow.)
5. Tape white paper to the wall where the rainbow is.
6. Copy the rainbow onto the paper by coloring the colors you see with markers, crayons, or watercolors.



CONVERSATION SUGGESTIONS:

1. Light and water work together to make a beautiful rainbow.
2. The Bible tells about 4 friends who worked together to do something good for a friend.
3. Can you think of people in our family who work together to do good things for you?
4. What kinds of good things can kids your age do for others?
5. How can you shine your light today?

RAINBOW FRUIT KABOBS

INGREDIENTS:

FOR THE FRUIT KABOBS:

(Or Use your favorite fruits and fruits that are in season.)

- 12 strawberries stems removed
- 2 clementines or cutie oranges peeled and separated into wedges
- 1 1/2 cups fresh pineapple cubes
- 3 kiwi peeled and cut into wedges
- 1 cup blueberries
- 1 cup purple grapes (halved if serving to kids under 4 years)
- 12 wooden skewers

FOR THE GREEK YOGURT DIP:

- 2 cups plain Greek yogurt
- 3 tablespoons fresh lemon juice to taste
- 2 tablespoons honey (or more or less to taste)



INSTRUCTIONS:

FOR THE FRUIT KABOBS:

1. Before starting, wash the fruit and gently pat it dry.
2. If serving to small children, cut the sharp points off of the skewers.
3. Place the fruits on the skewers in this order: strawberries, oranges, pineapple, kiwi, blueberries, grapes.

FOR THE GREEK YOGURT DIP:

1. Combine the plain Greek yogurt, lemon juice, and honey in a bowl and whisk or stir until smooth.
2. Serve the yogurt dip with the fruit kabobs.

CONVERSATION SUGGESTIONS:

1. What did you like best about Main Event this year?
2. What did you learn?
3. Many people worked together to make Main Event for us.
4. How did those people shine the light of Jesus?
5. It takes lots of different colors to make a rainbow.

FRIENDS STICK TOGETHER

SCIENCE EXPERIMENT

Find two large paperback books about the same size and shuffle the pages like you would a deck of cards (overlap by 2 – 3 inches) Now hold the two spines and see if you can separate them by pulling straight apart - nope, they are stuck together like best friends.



*TWO ARE BETTER THAN ONE,
BECAUSE THEY HAVE A GOOD RETURN FOR THEIR LABOR:
IF EITHER OF THEM FALLS DOWN,
ONE CAN HELP THE OTHER UP.
BUT PITY ANYONE WHO FALLS
AND HAS NO ONE TO HELP THEM UP.
ALSO, IF TWO LIE DOWN TOGETHER, THEY WILL KEEP WARM.
BUT HOW CAN ONE KEEP WARM ALONE?
THOUGH ONE MAY BE OVERPOWERED,
TWO CAN DEFEND THEMSELVES.
A CORD OF THREE STRANDS IS NOT QUICKLY BROKEN*

ECCLESIASTES 4:9-12.

FRIENDSHIP OBSTACLE COURSE

AT HOME GAME TO PLAY

This is a fun activity with lessons in communication, trust-building, and cooperation. This activity can be conducted indoors or outdoors

HOW IT HELPS:

The activity teaches kids to learn to trust and support one another. Cooperation, awareness of risk, and sensory perception are also at play in this activity. This lesson teaches kids how much we need each other to get through challenging times.

MATERIALS:

- Blindfold/scarf
- Course obstacles – Kid-friendly options like hula-hoops, furniture, stuffed animals, etc.

NUMBER OF PLAYERS: At least 2.

TIME REQUIRED: 15 minutes

INSTRUCTIONS:

- Blindfold one participant.
- The remaining person/people should take turns to instruct the blindfolded person to navigate through the obstacle course and reach the finish line.
- The activity can be repeated with each player taking a turn at the course.

TIPS FOR PARENTS:

Prepare the setting beforehand – create a mini obstacle course for the kids inside a room or in the yard, of course just make sure it is safe for kids.

MORE TO DIVE INTO!

Remember our Memory Verse of the week is: Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven. Matthew 5: 16

Today's Bright Idea is:

I AM A LIGHT – SO I SHOULD WORK TO UNITE!

HAVE YOU EVER THOUGHT ?????

For the past 4 months we have been at home most of the time, unable to see all of our friends like we used to. Maybe you had to do something extra special to be their friend. Did you meet with them online, or wear a mask and stay separated by 6-feet?

In our final bible story, we see a man with 4 very good friends. They worked hard to help their friend get to Jesus. That is probably the best thing any friend can do; help you to get to Jesus. Normally we enjoy hanging out and playing with friends, but there are times friends needs to take care of each other. When things go wrong and we are worried or frightened, we need Jesus and we need our friends too.

Of course, we won't be lowering our friends through the roof to get to Jesus like in the story, but there are some things we can do. If you have a friend going through a tough time, you can call and pray for them, or send them a card. You can even find a bible verse that will make them feel better. Here are some that you might share:

PSALM 46:1 GOD IS OUR REFUGE AND STRENGTH, ALWAYS READY TO HELP IN TIMES OF TROUBLE.

ISAIAH 41:10 DON'T BE AFRAID, FOR I AM WITH YOU. DON'T BE DISCOURAGED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU. I WILL HOLD YOU UP WITH MY VICTORIOUS RIGHT HAND.

Going through hard times can feel like you are all alone in the dark, but when good friends join you it lights up the darkness. So be a good friend and share the light of Jesus with your friends so that together you will shine so brightly that the whole world will notice.

GOING DEEPER:

(OPTIONAL-DESIGNED FOR OLDER KIDS)

What do you think it takes to be a good friend? Is it having fun together and enjoying the same things? That helps, but there is more to friendship than that. Just look at what Jesus said in John 15:12-13,

JOHN 15:12-13 THIS IS MY COMMANDMENT: LOVE EACH OTHER IN THE SAME WAY I HAVE LOVED YOU. 13 THERE IS NO GREATER LOVE THAN TO LAY DOWN ONE'S LIFE FOR ONE'S FRIENDS.

Of course, you love your friends, but can you love them the same way Jesus loved His friends? Jesus ate with them, celebrated with them and worked with them. But he also prayed with them, cried with them and died for them. In fact, in verse 13 He said, there is no greater love than to lay down your life for your friend.

You might never be called on to die for your friend, but there are other ways to lay down your life for them. When you and your friend disagree, do you make the first move to say "sorry" and end the argument? When you have to choose what to do or where to go with your friend, do you insist that you get your way, or do you let your friend choose? Little things like these show that you care more about your friend than you do about getting your way. When you do that, you are laying down your life for your friend. When you love your friend, you care about them and help them.

1 THESSALONIANS 5:11 SO ENCOURAGE EACH OTHER AND BUILD EACH OTHER UP, JUST AS YOU ARE ALREADY DOING

That means help your friend to be strong. Not just have a strong body but have a strong faith in God. Friends listen to what their friends tell them So be careful how you speak to your friends. Don't be critical, be encouraging. Be the kind of friend that shines!

So, let's make sure we don't forget that when we go the extra mile, we shine.

REMEMBER

I AM A LIGHT SO I SHOULD WORK TO UNITE!

FRIDAY

FAMILY PRAYER PRACTICES

WATCH THE FRIDAY FAMILY PRAYER VIDEO AS A FAMILY AND PRAY TOGETHER. TODAY YOU ARE GOING TO BE INTRODUCED TO PRAYERS FROM THE WORD AND USING A SLAP BRACELET TO REMEMBER A FUN WAY TO GO DEEPER INTO GOD'S WORD:

For today, you will find a SLAP bracelet in your box. Normally this type of prayer practice is referred to as S.O.A.P. Prayer: (Scripture-Observe-Application-Prayer) We decided to make this a little more fun and are going to use the word SLAP. **(Scripture-Look-Act-Pray.)**

With this Prayer Practice your family will need a Bible that you can use to pray through the scriptures. When you read a passage in the Bible, you pick a particular verse that you can discuss more as a family. These four words: **Scripture-Look-Act-Pray** - will help you to break the verse down more. Here is an example: Let's look at our theme verse, Matthew 5:16. "Let your light shine so others can see it. Then they will see all the good things you do. And they will bring glory to your Father who is in heaven."

SCRIPTURE: What did you read? - Read Matthew 5:16 together

LOOK: What is God saying? - Jesus tells us that we are the light of the world.

ACT: What does this look like in my life? - I am a light, so I should shine bright. Action Step: Write down ways that you all can be a light with your friends and at work or school.

PRAY: Dear God... Pray through the scripture making it personal.

Dear God, please help (insert name here) to be a light in their school and a good example to their friends. Thank you for the way (insert name here) loves others. Help others to see her love and want to love others the same way. Help (insert name here) have the courage to share your love with all those around them.

Thank you for (insert name here) and the blessing they are to our family. In Jesus name we pray, Amen

IN YOUR BOX: YOU WILL FIND A SLAP BRACELET TO HELP YOU REMEMBER THIS WAY TO PRAY THROUGH GOD'S WORD.