

“Psalm 150”
Chroma- #4

Who is it that should praise the Lord? (Psalm 150:6)

Genesis 2:7 NLT - 7 Then the LORD God formed the man from the dust of the ground. He breathed the breath of life into the man's nostrils, and the man became a living person.

There can be no better use of the breath He gave us than to praise Him.

In the book of Revelation John had a vision of heaven that appears to be the fulfillment of Psalm 150:6.

Revelation 5:13 NLT - 13 And then I heard every creature in heaven and on earth and under the earth and in the sea. They sang: "Blessing and honor and glory and power belong to the one sitting on the throne and to the Lamb forever and ever."

It would be fitting to end this study with a song of praise. If your group doesn't have a favorite you can sing the doxology (Praise God from whom all blessings flow..) linked below or just sing Hallelujah.

Wrap Up

In Psalm 150 the book of Psalms is summed up by telling us to praise God everywhere, for everything He has done, with everything we can, and with everyone who lives and breathes. So together we declare hallelujah and amen.

Memory Verse

Let everything that breathes sing praises to the LORD! Praise the LORD!
-Psalm 150:6 NLT

PRAYER (20 MIN)

Ask your group to pray for you regarding one area where you can apply this study in your life: _____
Pray for your group members' needs. _____

Challenge- Enjoy this beautiful version of the Doxology.
<https://youtu.be/tQUTvMtUhw4>



INTRODUCTION

Let's sing praise to God! That is the message of the final Psalm, Psalm 150. It is the conclusion of all the various Psalms; those of thankfulness, lament and joy. God is worthy of praise and so Psalm 150 puts the exclamation mark on the collection of Psalms. It is an invitation to join together, in our everyday lives, in a continuous chorus of praise. Begin this study by reading Psalm 150 aloud.

Ice Breaker (Optional—8 min)

When or where are you most likely to sing at the top of your lungs?

STUDY QUESTIONS (45 MIN)

1. Everywhere

Psalm 150:1 NLT - 1 Praise the LORD! Praise God in his sanctuary; praise him in his mighty heaven!

God did not give all of us the gift of perfect pitch. And if that is not your gift you might not be too excited by the thought of singing God's praises everywhere. But in the first verse of this psalm we are directed to sing both in God's sanctuary, and in His heavens. The sanctuary (*qodesh*) is a holy, sacred place.

List some places that you consider God's sanctuary – holy sacred places where He dwells? When you sing praises to God, they should resonate in that place.

Praising God is not confined to the sanctuary, it includes the heavens (*raqiya`*); an expanse, usually associated with the sky.

If you could go anywhere, where would you choose to sing God's praises into a wide-open sky?

There is no place on heaven or earth where God's praise shouldn't be sung.

2. For Everything

Psalm 150:2 NLT - 2 Praise him for his mighty works; praise his unequalled greatness!

Everything we know of God should lead us to bringing Him praise. And singing God's praise can be a way of remembering His goodness.

Below are Moses' and Jeremiah's expressions of praise for God's works and His greatness.

How would you express this in your own words- include some of the specific ways He has touched your life?

Deuteronomy 3:24 NLT - 24 'O Sovereign LORD, you have only begun to show your greatness and the strength of your hand to me, your servant. Is there any god in heaven or on earth who can perform such great and mighty deeds as you do?

Jeremiah 32:17-18 NLT - 17 "O Sovereign LORD! You made the heavens and earth by your strong hand and powerful arm. Nothing is too hard for you! 18 You show unfailing love to thousands, but you also bring the consequences of one generation's sin upon the next. You are the great and powerful God, the LORD of Heaven's Armies.

Are there certain songs you return to again and again that express your praise for who God is and what He has done? Are there any recent songs that have become your favorites?

3. With Everything

Psalm 150:3-5 NLT - 3 Praise him with a blast of the ram's horn; praise him with the lyre and harp! 4 Praise him with the tambourine and dancing; praise him with strings and flutes! 5 Praise him with a clash of cymbals; praise him with loud clanging cymbals.

Psalm 150 includes a variety of expressions of praise using horns, strings, percussion and dance. The picture painted here is one of enthusiastic all-encompassing praise.

There are many words in the scriptures that describe practices of praise.

In this psalm, the word *halal* is used 13 times. It means to boast foolishly and make a show of it. We are asked to hold nothing back. This is how David expressed praise in 2 Samuel 6.

2 Samuel 6:16, 21-22a CSB - 16 As the ark of the LORD was entering the city of David, Saul's daughter Michal looked down from the window and saw King David leaping and dancing before the LORD, and she despised him in her heart. ... 21 David replied to Michal, "It was before the LORD who chose me over your father and his whole family to appoint me ruler over the LORD's people Israel. I will dance before the LORD, 22a "and I will dishonor myself and humble myself even more..."

Consider these various types of praise described in the scriptures. Which is your most frequent expression of praise and which have you not yet used to express praise to God?

- *halal means to boast foolishly and make a show of it.*
- *thillah means to praise vocally in song or shouts.*
- *zamar is to praise with instruments alone or with voices.*
- *Hallelujah is a shouting call for corporate praise. It's someone who's leading, crying out "Hallelujah" to get you to enter in.*
- *Yadah means It's to lift or throw arms upward in praise and surrender.*
- *towdah, which is to sing praises together as one community in harmony.*
- *shabach, which is to reach out with affection for God, to feel his hold on us.*

If there are some on this list you have not experienced yourself, would you challenge yourself to find a time this week to praise God in that way?

4. Everyone

The Psalms end with an extended call to praise, with no reasons for praise given because the author of this psalm is inviting the reader to join in singing the songs of the Psalms -- out there, in daily life, in the real world.

Psalm 150:6 NLT - 6 Let everything that breathes sing praises to the LORD! Praise the LORD!